MESSAGE FROM THE PRESIDENT

I want to thank the members of Oregon Track Club for making 2007 an exceptional year for track and field. Your support is central to the local and national enthusiasm that makes the sport a success in our community. It has been a great year.

The OTC events that drive the club were exceptional:

- The Prefontaine Classic again filled the Hayward Field stands as we were treated to one of the finest meets with international flavor on U.S. soil. Thanks to Tom Jordan and his staff for a truly classic meet.
- William Wyckoff, the new Butte to Butte director, put on a very successful race this year. The numbers were greater than anticipated and we had a few minor glitches that were out of William’s control, but the race was a giant success. Thanks to William and all his volunteers.
- Because of construction at Hayward Field, our annual all-comers’ meets were staged at South Eugene High School. Many thanks to Jill Mestler and Liz James and their crew for not missing a beat while providing a well-run series of meets for athletes of all ages.
- OTC put on a fun run for Pre’s Trail to help with improvement costs for the trail. We had close to 200 runners and walkers participate on the 95% finished trail.
- Geoff Hughes informed the Oregon Track Club this fall that the major construction on Pre’s Trail is complete. We have some connector routes and directional signs to install this spring to complete the project. A big thanks to Geoff, Bill Brigman, City Parks and Open Spaces, and hundreds of volunteer hours by many OTC members and others. A job well done.

A special thanks to Vin Lananna and his staff for an exciting indoor and outdoor track and cross country season at Oregon. It doesn’t get a whole lot better. The recent NCAA Cross Country Championship win for the men and second place for the women was amazing. On top of that Vin was named Coach of the Year.

We have little more than six months until the Olympic Trials. It seems like time is flying now! Most of the preparation has been moving since October 2006, but there is still much to do. Plan to attend the ’08 Town Hall meetings (generally the first Wednesday of the month, 7 p.m., at the Bowerman Building) and keep informed about the planning progress. If you want to be involved with the Trials, go to the Eugene 08 web site and volunteer.

Oregon Track Club’s annual meeting is Feb. 5, in the Pittman Room at the Casanova Center. I hope you plan to attend. We will update you on the Trials and 2008 track and field events. Come and be part of the excitement!

I also thank the OTC executive board members for their hard work and many hours to make 2007 a great year.

Finally, I want to wish everyone a Happy New Year and a healthy and successful 2008.

– Mike Olsen, OTC President

JENNIFER CRAIN NEEDS YOUR SUPPORT AND PRAYERS

Some of you in the Eugene area may remember Jenny Crain, a distance runner who recently trained in Eugene. She was struck by a car while training last August in Milwaukee, Wisc., and suffered serious head injuries.

Jenny’s family created a fund so her relatives, friends, teammates, and colleagues can help with her care.

The “Jenny Crain – Make It Happen Fund” was established with the help of M&I Bank. If you would like to help, send a card with your donation to: Jenny Crain – Make It Happen Fund, c/o M&I Bank MN-098-1012, Attn: Cathy Haukedahl, 651 Nicollet Mall, Minneapolis, MN 55402.

In addition, a special race was held in Honolulu at the USATF Convention to raise funds to support her care. Also, a portion of the 50/50 raffle was dedicated for this purpose. At the Hawaii Convention, Jenny was named the “Athlete of the Year” by the Women’s Long Distance Running Committee.

You can keep up with Jenny’s recovery at jennycrain.net.

– Becky Sisley
Long-time Oregon Track Club supporter and business member Rich Gorman was recently named 2007 Sports Chiropractor of the Year at the American Chiropractic Association Sports Symposium held on the Nike World Campus in Beaverton.

Dr. Gorman has been in private practice for 30 years in the Eugene-Springfield area, 26 of those at Garden Way Chiropractic Center. He has been the Meet Chiropractor for the Prefontaine Classic for the past 25 years in addition to working at the 1996 Atlanta Olympics, the 2000 and 2004 Olympic Trials, and the 2003 World Championships in Paris. At the upcoming Olympic Trials, Rich will coordinate the 30 chiropractors who will be treating athletes, providing chiropractic adjustments for peak performance and injury prevention.

Olympic gold medalist Dan O’Brien is among the elite athletes Dr. Gorman has worked with. In Chicken Soup for the Chiropractic Soul, O’Brien says, “If it wasn’t for Chiropractic, I would not have won the Gold Medal in the 1996 Olympics... as prepared as I had ever been physically and mentally, completely aligned from my work with Rich Gorman, I took to the track entirely in tune with my body’s every nuance and fluctuation.”

Garden Way Chiropractic is located at 388 South Garden Way with a staff of nine, including four licensed massage therapists. Dr. Gorman specializes in treating high school, college and professional athletes for injury prevention and peak performance, injuries from motor vehicle collisions and wellness care.

Rich remains active outside of track and field as a KidSports coach and Thurston High School’s varsity girls tennis coach. He is pleased to support OTC as a business member and recognizes the many positive contributions the club makes in our community.

Thank you to Rich and Garden Way Chiropractic for their commitment to excellence in Eugene and Springfield and offering us the choice of a healthy “well-adjusted” lifestyle!

THANKS TO OTC BUSINESS MEMBERS!

4 x 800 Relay.org
ABD Insurance & Financial Services
Ameriprise Financial
AnimaLogic
Avalon Real Estate
Brown Contracting, Inc
Byrke O. Beller, MD, LLC
Cambria Sportswear
Cameron McCarthy Gilbert & Scheibe
Cappers Frames & Prints, Inc.
Cascade Medical Associates
Chambers Communication Corp.
City of Eugene
Convention & Visitors Association of Lane County Oregon (CVALCO)
Corporate Retirement Advisors
D2000 Safety, Inc.
Dave and Nancy Havermack, RE/MAX Integrity
Dave Henry Real Estate Services, Inc.
David E. Carmichael, Attorney
Dive In Designs
Dr. W. Gray Grieve, DDS, MS
East 19th Street Cafe
Eugene Air Park
Eugene Area Chamber of Commerce
Eugene Running Club
Eugene Running Company
Evans, Elder & Brown, Inc.
Fiddler’s Green Golf Center
Franklin R. Lulich, CPA, P.C.
Garden Way Chiropractic Center
Geoffrey and Theresa Hughes at A.G. Edwards & Sons
Gerald McDonnell & Associates, Architects PC
Gill Athletics
Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C.
Hilton Eugene & Conference Center
Jerry’s Home Improvement
John L. Stringer, D.D.S.
JoLayne McDow-RBC Dain Rauscher
Kalen Electric & Machinery Co., Inc.
Keith McConnell, PhD, ChiRunning/Walking
Kelly Woodkie Massage Therapist
Ken Vendley Agency/Farmers Insurance & Financial Services
KEZI
KVAL-TV
Lane County
Lane Regional Air Pollution Authority
Leavy, Van Vactor & Cox, LLP
Let’s Move Fitness, LLC
Lile/Eugene Moving & Storage
Locklear Leatherworks, LLC
Market of Choice
Mike Fanelli
National Fire Fighter
Olson & Morris
On Track
Onsen Spa Rental, Inc.
Oregon Research Institute
Oregon State University
Orton Consulting Group, Inc.
Oregon State University
Oregon State University
Pacific Benefit Planners
Pacific Continental Bank
Pacific Headwear, Inc.
Pepsi-Cola Bottling Company of Eugene
Postal Pharmacy
Prichard Partners, Inc.
Quantum Recruiters, Inc.
Random Lengths
Rexius, Inc.
Runnin’ Wild
SightLine LLC Professional Real Estate Inspections
Slocum Orthopedics, PC
Smith & Cranes Insurance
SportHill, Inc.
Springfield Chamber of Commerce
Sterling Savings Bank
The Carpet Company
The Erwin Martin Rexius Group at Smith Barney
The Eugene Marathon
The Hatton Home Team - Bend Real Estate
The Innovative Print Group, Inc.
The Nike Store
Timber Products Company
Todd Bosworth, 2nd VP Investments, Smith Barney
Tom’s Market & Deli
Trips, Inc.
Trisha Kluge, LMT
Tyree Oil, Inc.
University of Oregon Bookstore
Urology Healthcare
Valley River Inn
Wildish Land Company
World Wheelchair Sports
A quiet fall has presented an opportunity for many OTC Elite athletes to focus on training and recover from the wear of the previous season. OTC looks forward to the 2008 campaign with renewed energy after hearing the announcement of the ’09 and ’11 National Championships as well as the 2012 Trials – all to be held at Hayward.

Upcoming events include the start of the indoor track and field season with athletes heading to the University of Washington (Jan. 19, Feb. 1-2, Feb. 16) to take part in a series of high performance indoor meets to earn qualifying marks for the USATF Indoor Championships in Boston Feb. 23-24. Athletes at this year’s indoor championships will be fighting for a spot on the U.S. team for the IAAF World Indoor Championships in Valencia, Spain.

Mixed in with the indoor season will be the culmination of the cross country season – the National Championships in San Diego Feb. 16 where athletes will qualify for the World Cross Country Championships in Edinburgh, Scotland, on March 30.

– Ross Krempley

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USATF CEO Craig Masback recently announced that USA Track & Field and the U.S. Olympic Committee will stage the 2012 U.S. Olympic Team Trials – Track & Field in Eugene.

Eugene, which is hosting the 2008 U.S. Olympic Trials, also will host the 2009 and 2011 USA Outdoor Track & Field Championships, Masback announced.

Hayward Field, site of the 1972, ’76, ’80 and 2008 Olympic Trials, will be the stage for athletes competing for berths on the 2012 U.S. Olympic Team for the Games in London.

At the national championship meet in 2009, Team USA will select its roster for the IAAF World Outdoor Championships in Berlin. The 2011 championships will select the American squad for the IAAF World Outdoor Championships in Daegu, South Korea.

**Heading back to Track Town**

The Oregon Track Club – along with its partners the University of Oregon, local and state government, corporate sponsors and the local community – is the official host for the three championship meets. In a successful bid for the 2008 Olympic Trials, OTC and the Eugene 08 local organizing committee put their focus on enhancing the experience for athletes and coaches, while providing a celebratory atmosphere for fans and the community. It is that approach that helped convince USATF to return to Track Town, USA, for four of the next five years.

“The commitment of Eugene, its local organizers and the entire community to track and field is unprecedented,” Masback said. “Ticket packages for the 2008 Trials sold out months ago, and already you can feel a buzz in the air here about the event, from the banners at the airport to the construction going on at Hayward Field. There is no place quite like Track Town, USA, and we look forward to returning here as we move through the next Olympic Games cycle.”

“The magnitude of the U.S. Olympic Team Trials for track and field deserves a host that is passionate about the sport and that can provide the best competitive environment,” said Steve Roush, USOC Chief of Sport Performance. “The U.S. Olympic Committee is confident that the city of Eugene is ready to demonstrate that next year and we look forward to a continued partnership with USA Track & Field and Eugene in making the 2012 U.S. Olympic Team Trials even better.”

For 2008, Eugene is expanding seating at Hayward Field, upgrading the competition and warm-up areas, upgrading media facilities and staging expansive new athlete programs. The site of the most prestigious invitational track meet in the country, the Nike Prefontaine Classic, Eugene has long been dubbed “Track Town, USA” for its rich track and field history and the community’s appreciation of the sport. Athletes consistently rate Hayward Field as having one of the most compelling atmospheres of any stadium in the world.

“We like to think that Eugene is the spiritual home for track and field in the United States, and we wanted to make it the physical home, as well,” said Vin Lananna, associate athletic director at the University of Oregon, which also will host the 2010 NCAA Outdoor Championships. “Bringing the USA Championships and U.S. Olympic Team Trials back to Hayward Field for multiple years was a huge priority for us. We are thrilled with the announcement.”

The five national events being hosted at Hayward Field during the next five years will bring more than $70 million in spending to the area, in today’s dollars, including the adjacent Eugene 08 Festival.

– Kari Westlund
The 2008 indoor track and field season is shaping up to be another memorable chapter in the brilliant story Vin Lananna is writing in Track Town, USA. The new faces of 2007 have become the veterans in 2008. This winter, the men and women will compete a handful of times on the 300m track in the Dempsey indoor facility at the University of Washington. In addition, there are scheduled stops in Fayetteville, Ark., for the Tyson Invitational and Ames, Iowa, for the renowned Iowa State NCAA Last Chance meet. Qualified athletes will close out the season in Fayetteville for the 2008 NCAA Indoor Championships, the second weekend in March.

Keep your eyes on these athletes:

**Men:** After a great fall of training, the men are eager to start competing. There are a number of new faces this season who could step up and make a name for themselves, but they will have to contend with our young group of returnees.

Pay close attention to Ashton Eaton – he has all the tools to be great. After his 2007 freshman season, he has improved significantly in all areas and is destined to be a star as a sophomore. Ashton is a threat to qualify for the NCAA Championships in the heptathlon, long jump and 4x400m relay.

Shadrack Kiptoo-Biwott had a tremendous 2007 cross country season and should continue that success indoors. He will focus on a variety of distance events and could be a real player in Fayetteville in March.

Chad Barlow has been the real surprise of this fall. He is starting to look more and more like Matt Scherer in his ability to tear up 400m workouts. He's only a sophomore, but we could be watching a diamond emerge.

Marcus Dillon returned fit and healthy this fall. He seems to be picking up where he left off last season. He is focused on being one of the all-time great quarter-milers at Oregon.

Phil Alexander has also been impressive and appears to be much more powerful this year. He did a great job in the summer and came back ready to roll.

The 4x400 relay team could find its way back to the NCAA finals this indoor season. The group has depth, a lot of fresh talent and a terrific attitude. The faces have changed, but the men's sprints and hurdles are alive and well.

The distance medley could also find its way to Fayetteville this indoor season. The distance runners are clearly on a roll and expect to build on their cross country success.

**Women:** Sophomore Nicole Blood is fit and healthy. After leading the 2008 cross country team to a second-place NCAA finish, Nicole is ready to lead the track team into uncharted waters this indoor season. She'll handle a variety of indoor distances and should be a real player on the distance medley in Fayetteville.

Freshman star Alex Kosinski made believers of all of us this past cross country season. The precocious runner became an All-American and led the team to a runner-up finish at the 2007 Pac-10 Championships. She'll look to continue her roll this indoor season.

Freshman sensation, Jamesha Youngblood is the real deal. She came to Oregon as its best prep jump recruit ever, and all indications are that she'll leave Oregon as the greatest long jumper – perhaps one of the greatest all-around athletes in the school's history.

Freshman Melissa Gergel should be the next pole vault star at Oregon. The Chicago vaulter is as tough as they come and loves to compete. We expect her to thrive at Hayward Field this spring, but first she has her sights set on Fayetteville and the rest of the nation.

As with all indoor seasons at Oregon, the men and women look to have both success and fun this 2008 indoor season. Having no indoor Pac-10 Championships, we will use the season primarily for preparation for the outdoor season. But make no mistake; our kids consider beating the best athletes in America indoors as “fun preparation.” Go Ducks!

**UO INDOOR TRACK AND FIELD**

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<tr>
<th>Event</th>
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<th>Location</th>
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<tr>
<td>Dempsey Indoor Preview</td>
<td>Jan. 18-19</td>
<td>Seattle, WA</td>
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<tr>
<td>University of Washington Invitational</td>
<td>Feb. 1-2</td>
<td>Seattle, WA</td>
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<td>Tyson Invitational, Fayetteville, Ark.</td>
<td>Feb. 15-16</td>
<td>Fayetteville, AR</td>
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<tr>
<td>Husky Classic, Seattle</td>
<td>Feb. 15-16</td>
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<td>Mountain Pacific Championships, Seattle</td>
<td>Feb. 29-Mar. 1</td>
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<td>Husky Qualifier, Seattle</td>
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<tr>
<td>Iowa State Qualifier, Ames, Iowa</td>
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**EUGENE 08 ON THE FINAL STRETCH OF FUNDRAISING**

Making the 2008 U.S. Olympic Team Trials – Track & Field the best ever staged is no easy undertaking, and the local organizing committee has had to match up its vision for the event with financial support. Track Town, USA, has been proving its passion for the sport, with fundraising close to 85% complete.

With the whole world watching us June 26 – July 7 and investments in Hayward Field already paying off in future national meets of the highest caliber being announced for Eugene, the effort is very worthwhile.

Co-chairs Vin Lananna and Greg Erwin hope to reach the finish tape within the next couple of months, adding local business partnerships and filling out the few remaining Eugene 08 Festival expo booth spaces in conjunction with the organizing committee’s fundraising partner, Sports One.

Individuals can “Join The Team” and support the cause, too, making any size donation through a secure on-line process at Eugene08.com.

We encourage everyone to support and participate in Eugene 08, and help make our community Track Town, USA, Forever.
OREGON TRACK CLUB
2008 Membership Renewal ____ New ____

Note: All Junior Memberships purchased at the 2007 All-Comer Meets are valid through May 31, 2008. For any other membership category, if you join the club after October 1, 2007, your membership is valid through 12/31/2008.

First Name_____________________________ Last Name__________________

Mailing Address___________________________________________________________________

City_____________________________________________ State________ Zip________________

Day Phone (_______)-_________ -_________ Evening Phone (_______)-_________ -_________

Email_____________________________________________________ Birthdate_______________

ADDITIONAL APPLICANTS FOR COUPLE/FAMILY MEMBERSHIPS:

Spouse/Partner Name________________________________________ Birthdate_______________

Child’s Name________________________________________ Birthdate_______________

Child’s Name_______________________________________________ Birthdate_______________

Additional Children at $5.00 each (includes a junior t-shirt)

Child’s Name________________________________________ Birthdate_______________

Child’s Name_______________________________________________ Birthdate_______________

Regular

Open to persons age 19 and over and their families. Benefits include quarterly newsletter, discounts on OTC events and at area merchants, directory, annual (pizza) dinner and program.

☐ Individual ($25) ☐ Couple/Family with up to two children 18 & under ($35)

Masters

Open to persons ages 30 or over and their families. Regular member benefits plus Masters monthly newsletter, meetings, and socials.

☐ Individual ($30) ☐ Couple/Family with up to two children 18 & under ($45)

Junior

Open to persons ages 18 and under. Benefits include a free t-shirt and free entry to Oregon Track Club All-Comers Meets.

☐ Individual ($20)

Business

Benefits include: free family membership (check a box above); Business listing in the Prefontaine Classic Program, the OTC Newsletters, Membership Directory and on the OTC website with a link to your business.

☐ ($100)

Business Name___________________________________________________________________

Contact Name_________________________________________________________ Phone (_______)-_________ -_________

Street Address___________________________________________________________________

Mailing Address___________________________________________________________________

City_____________________________________________ State________ Zip________________

Email_______________________________________________________ Website________________________

Annual Roster: The Club publishes an annual roster for its members. If you do not wish any or all of the following information to be published, please circle the information which you want omitted; Name Address Day Phone Evening Phone Email

Questions? E-mail: Info@OregonTrackClub.org

MAIL THIS APPLICATION TO: Oregon Track Club  P.O. Box 11364, Eugene, OR 97440

OTC CLUB SHIRTS

The new logo t-shirts are available in adult and kid sizes. See our website for complete details: www.oregontrackclub.org

MERCHANT DISCOUNTS

See website for complete details on area discounts: www.oregontrackclub.org

DONATION

☐ I would like to make a donation in the amount of $_____________

VOLUNTEER OPPORTUNITIES

☐ Butte to Butte ☐ Pre’s Trail Maintenance
☐ All-Comer Meets ☐ Track & Field Officiating
☐ Road Races ☐ Other_____________________

Volunteer forms for the 2008 US Olympic Team Trials – Track and Field are available at: eugene08.com
2008 MEMBERSHIP DUES AND ANNUAL MEETING FEB. 5

Please send in your 2008 dues to the Oregon Track Club in advance of the annual meeting, to make processing at the door more efficient. We will be handing out your membership cards as in past years.

Please remember that the annual dinner is for OTC members whose dues are current. We look forward to seeing you there on Feb. 5 at the Pittman Room at the Casanova Center. Time TBA.

You may lock in current dues rates for more than one year by remitting them now, and specifying your intent for multiple years up to five. Donations are also gratefully accepted.

FIRE ON THE TRACK

Twelve years ago, storytellers like Bill Bowerman, Phil Knight, Dave Bedford, Bill Dellinger, Ken Kesey, and many others worked together to tell the Steve Prefontaine story. Now with digital technology and new DVD formats, Chambers Productions is revisiting that story.

In January 2008, Chambers Productions will release more than four hours of interview footage from the original interviews. Never before released footage of many of Pre’s competitors and friends. Unscripted comments you won’t want to miss. This extra-features DVD is a result of buyers wanting more of the true story behind America’s running legend Steve Prefontaine.

The “Fire On The Track” bonus feature DVD will be available in area running stores, The Duck Shops, and Amazon.com.

– Scott Chambers

XO WOMEN TRAVEL TO CLUB NATIONALS

Mixing it up from the norm a little bit, Team XO sent a full women’s squad to the Club Nationals XC Championships this fall. This is the first time XO has sent a full women’s team. This inaugural trip was only possible by the generous donations from SportHill and the OTC grass roots grant.

Maria Magdalena Sandoval, Lauren Johnson, Jane Rudkin, Elizabeth Carey, Kelly Fullerton, Tara Crowley, and Shana Shosky representing XO with a 10th place finish.

XO’s expanded women’s team looks forward to struttin’ their stuff on the track this season. XO looks forward to the indoor season in Seattle, as well as possibly running a few athletes at the 2008 U.S. National XC Championships.

– Ross Krempley

Thanks to: Janet and Tom Heinonen, Mike Olsen, Becky Sisley, Jenny Rexius, Ross Krempley, Dan Steele, Kari Westlund, Scott Chambers, and Sandy Pashkin for contributing to this issue. Any comments regarding this newsletter, please contact Jennifer Touchette at jtouchette@clearwire.net.