

ON TRACK

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COMING EVENTS

July 15, 2007
RUN IN THE COUNTRY
 Half-Marathon Walk, 6 a.m.
 Half-Marathon Run, 7 a.m.
 5-mile Run and 2-mile Walk,
 8 a.m.; 9:45 A.M.
 Kids' Run • 9:45 a.m.
 Country roads around
 Coburg

July 21, 2007
PROJECT PLAYGROUND'S
RUN FOR THE PARK
 8K & 5K Run & Walk, 8 a.m.
 Harry Holt Park, Creswell

August 11, 2007
SCANDIA RUN
 10K Run • 4.4-mile Walk
 Run – 8 a.m.
 Walk – 8:05 a.m.
 Through countryside
 surrounding Junction City

MESSAGE FROM THE PRESIDENT

The ceremonial dig on Hayward Field following the Prefontaine Classic was an end to one era and the start of another for track and field in Eugene. The construction necessary for hosting the '08 Olympic Trials has begun with a completion date later this fall. You can follow the progress by going on-line (www.eugene08.com).

As the 2007 season winds down, I must admit it was extremely busy. Again, we saw an increase in athlete participation, more fans cheering the athletes, and in general much more excitement in the track and field community.

Not only have Vin Lananna, his staff, and the U of O athletes brought increased enthusiasm to Hayward Field and the community, but also the NCAA Regionals and the incredible schedule of meets. Thank you for a marvelous season, capped by meet director Tom Jordan's thrilling Pre Classic.

Thanks to Vin, Frank Gagiano, Ross Krempley, and NIKE, we are seeing an increase in Eugene's post-collegiate program. The thrill of seeing Nick Symmonds win the 800m at Pre while sporting the new OTC Elite uniform was viewed by a national TV audience and 47 other countries. The OTC

Elite team consists of about 20 distance runners.

Team XO is another group of about 40 athletes training in our area who have been frequent competitors at meets this spring. Many other groups are starting to train here in preparation for the Trials. Good luck to all!

This summer OTC still has several big events on tap. Our All-Comers' meets began June 27 and run for five weeks. This year, because of construction at Hayward Field, the meets are held at South Eugene High School. Check the OTC web site, www.oregontrackclub.org, for more details.

On July 4, the Oregon Track Club hosted the annual Butte to Butte. This year's new race director William Wyckoff introduced new ideas. To conclude the summer, we hope to host the Pre's Restoration Run on Labor Day. All proceeds for this race would go to restoring and maintaining Pre's Trail. Be part of track and field in Eugene and join in on the fun!

Visit the OTC web site for schedules and information on Oregon Track Club.

Have a great summer.

Mike Olsen

ALL-COMERS' MEETS MOVE TO SOUTH EUGENE HIGH

The 2007 meets are being staged at South Eugene High School because of construction at Hayward Field in preparation for the 2008 Olympic Trials. Note that the hammer, javelin, and steeplechase will not be contested, and an adult pole vault with lower starting heights will be held on Wednesdays.

ATTENTION – PARKING: Please park in the South Eugene High School lot, using any of the three entrances off 19th St.

- 12 and under on Wednesdays (with the exception of Fourth of July week when 12 and under meet on Tuesday, July 3)
- 13 and older on Thursdays

Look on page 5 for a revised order of events and time schedule.

Volunteers make the all-comers' meets such a successful community event each year, so please consider helping out. "Pickers" are needed at the finish line to help determine place winners at all meets. This is a fun way to see all the track events while volunteering. Various other positions also need to be filled.

Thank you to our dedicated crew who have consistently provided such a valuable service in the past and an advance thank you to the many who will do so this year. We look forward to a

fantastic season together.

Jil Mestler, Meet Director

To volunteer, call Liz James, 345-8654, or email ejames@bethel.k12.or.us.

All-Comers' Meets

June 27, 28
 July 3, 5
 July 11, 12
 July 18, 19
 July 25, 26

BUSINESS MEMBER PROFILE

OREGON RESEARCH INSTITUTE is the largest independent behavioral research center in Oregon. Its scientists are internationally renowned for their pioneering work in understanding human behavior. Since its founding in 1960, ORI's scientists have made significant contributions to understanding the causes, prevention, and treatment of social and medical problems such as physical inactivity, adolescent substance use, tobacco cessation, adolescent depression, and managing and preventing heart disease, obesity, and diabetes. ORI employs approximately 300 people and is headquartered in Eugene.

Oregon Research Institute (ORI) researchers, backed by increasing evidence that exercise enhances psychological and physiological well-being, are studying unique ways to encourage people of all ages to be more physically active. Current research projects focus on the patterns, influences, and promotion of physical activity among youth, adults, and older adults.

Since 1998, ORI researchers have been studying children from 58 neighborhoods in Portland to learn what influences the children's physical activity levels. The researchers assess demographic, individual, family, peer, school, and neighborhood characteristics. Children occasionally wear pedometers to measure their activity. Relationships between physical activity patterns, substance use, diet, and depression are also studied. Participants were between 10 and 14 years old at the beginning of the project, and are now between 17 and 21. The study is designed to provide a comprehensive real-world view of physical

activity patterns in the critical period from childhood to young adulthood. Scientists hope to learn how to inspire children to remain active as they grow to young adults. This research is funded by the National Institute of Child Health & Human Development.

Working with elderly participants, ORI scientists developed and tested an 8-Form Tai Chi program (Easy Tai Chi), for elderly persons or for individuals with mobility challenges and/or physical impairments. Results showed that Easy Tai Chi practice improved balance and reduced the frequency of falls in people over 70. The researchers are currently funded by the Centers for Disease Control and Prevention (CDC) to determine whether or not the Tai Chi program will prevent falls and provide health benefits when taught in community neighborhood centers. Currently, the Oregon Department of Human Services has adopted the program and implemented it in four Oregon counties.

OTC member Barbara Gunn, an academic researcher at ORI has been running recreationally for 22 years and competes in 2-3 road races a year (5K, 10K, half marathons). She has enjoyed volunteering at the all-comers and masters meets. She thinks, "The Oregon Track Club is a valuable part of our community because it is family-oriented and provides opportunities for people of all ages and abilities to remain physically active and to experience first hand the fun and fitness of track and field."

OTC thanks the Oregon Research Institute for its commitment to the club as a business member.

THANKS TO OTC BUSINESS MEMBERS!

4 x 800 Relay.org
 ABD Insurance & Financial Services
 Ameriprise Financial
 AnimaLogic
 Avalon Real Estate
 Brown Contracting, Inc.
 Byrke O. Beller MD, LLC
 Cambria Sportswear
 Cameron McCarthy Gilbert & Scheibe
 Capper's Frames & Prints, Inc.
 Cascade Medical Associates
 Chambers Communication Corp.
 City of Eugene
 Convention & Visitors Assoc. of Lane County Oregon
 Corporate Retirement Advisors
 D2000 Safety, Inc.
 Dave & Nancy Haverstock of RE/MAX Integrity
 Dave Henry Real Estate Services, Inc.
 David E. Carmichael, Attorney
 Dive In Designs
 Dr. W. Gray Grieve, DDS, MS
 East 19th Street Café
 Eugene Airport
 Eugene Area Chamber of Commerce
 Eugene Hilton Hotel and Conference Center
 Eugene Running Club
 Eugene Running Company
 Evans Elder & Brown, Inc.
 Fiddler's Green Golf Center
 Franklin R. Lulich, CPA, P.C.

Garden Way Chiropractic Center
 Gaydos, Churnside & Balthrop PC
 Geoffrey & Therese Hughes at A.G. Edwards & Sons
 Gerald McDonnell & Associates, Architects PC
 Gill Athletics
 Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C.
 Jerry's Home Improvement
 John L. Stringer D.D.S.
 JoLayne McDow-RBC Dain Rauscher
 Kalen Electric & Machinery Co. Inc.
 Keith McConnell, PhD, ChiRunning/Walking
 Kelly Woodke Massage Therapist
 Ken Vendley Agency/Farmers Ins. & Finan. Service
 KEZI, Inc.
 KVAL-TV
 Lane County
 Lane Regional Air Protection Agency
 Let's Move Fitness, LCC
 Lile/Eugene Moving & Storage
 Locklear Leatherworks LLC
 Market of Choice
 Mike Fanelli
 National Fire Fighter
 Olson & Morris
 On Track
 Onsen Spa Rental, Inc.
 Oregon Research Institute
 Orthopedic Healthcare NW
 Orton Consulting Group, Inc
 Pacific Benefit Planners

Pacific Continental Bank
 Pacific Headwear
 Pepsi-Cola Bottling Company of Eugene
 Prichard Partners, Inc.
 Quantum Recruiters, Inc.
 Random Lengths
 Rexius
 Runnin' Wild
 Sightline, LLC
 Smith & Crakes Insurance
 SportHill
 Springfield Chamber of Commerce
 Sterling Savings Bank
 The Carpet Company
 The Erwin Martin Rexius Group at Smith Barney
 The Eugene Marathon
 The Hatton Home Team - Bend Real Estate, Inc.
 The Innovative Print Group, Inc.
 The Nike Store
 Timber Products Company
 Todd Bosworth Smith Barney
 Tom's Market & Deli
 Trips, Inc.
 Trisha Kluge, LMT
 Tyree Oil, Inc.
 University of Oregon Bookstore
 Urology Healthcare
 Valley River Inn
 Wildish Land Company
 World Wheelchair Sports

TINY COMMUNITY BUILDS TRACK OF DREAMS

If you're looking for the historic essence of track and field in the state of Oregon, you'll find it rising from the gumbo of an old mill site 35 miles up the McKenzie River from Eugene-Springfield, where white water and mountains are backdrop to a dream.

Thirty-five miles. That's how far it is from tiny McKenzie High School in Blue River to the nearest track, at Thurston High School in Springfield.

Jeff Sherman, a product of Eugene's enthusiasm for running which blossomed in the '60s and '70s, has taught and coached track/cross country at McKenzie schools in unincorporated Blue River (population 883) since 1979. His three sons have run – or are currently running – for the high school; his daughter runs for the middle school program. With a high school enrollment of just 80 students, the middle-school feeder program has been a boon for a team facing schools with five times as many students. The McKenzie School District's single building houses all grades, K-12.

Sherman carefully documents each team's year and gives every athlete a scrapbook highlighting the season. Photos of kids straining to beat their competitors, splashing through muddy courses, cross-country runners putting the shot, athletes goofing around after a meet. But never a home track meet. (And seldom on a regulation all-weather track – no one in their conference has one.)

The McKenzie kids have been a fixture at any meet offering them a chance to compete at Hayward Field. They always run the annual Middle School Mile in the Twilight Meet. They always run the summer series of all-comers' meets. Their cross-country teams, utilizing a web of old logging roads and stunning hiking trails, are among the best in the state at the smallest school level, and won the boys' state title in 2004.

A decade ago, Sherman worked quietly with Rosboro, a local logging company, to develop a three-lap, five-kilometer cross-country course on an island in the McKenzie River, less than a mile down the road from the high school. That course, built entirely through donated materials and labor (with an estimated \$60,000 value), is no longer available. The team has returned to an abandoned course first used 27 years ago, at the base of Blue River Dam.

Come track season, the runners, along with the sprinters, hurdlers and field eventers, are forced onto paved roads for speed workouts and relay-handoff practice, to the high school gym and

fields for their technical training. To a 35-mile drive to train at a real track facility.

Sherman and the Blue River community have dreamed of a community track for years, and this may be the year their dreams are realized.

Organizing themselves in 2003 as the McKenzie Community Track and Field nonprofit corporation, Sherman's group successfully approached lumber man (and racehorse owner) Aaron Jones to donate 12.87 acres of the old Blue River Mill Pond site for a track, just a quarter mile east of the high school. With the recent addition of a \$50,000 grant from Nike's Bowerman Track Renovation program, McKenzie CTF has pulled together more than \$430,000 in gifts-in-kind, grants and cash contributions from some 200 donors. More than 150 people have participated in work parties.

Proceeds from the annual 50-kilometer McKenzie River Trail Run in September go to the project. McKenzie students have raised more than \$5,000. Alums have added close to \$8,000. Most of the handful of businesses in the area have contributed, as have the local ranger station, The Corps of Engineers and a variety of businesses in Lane County.

The property has been leveled and cleared, and base rock for the track laid – an oval surfacing where millponds and Wigwam burners once stood. Sherman says the group is still working to raise the \$135,000 needed to complete the track facility. Future plans include two youth soccer fields for community use – and a fence to keep out the elk.

"Our fundraising has largely been word-of-mouth, personal contacts and grant applications," says Sherman. "We want to get the first phase completed this year, to finish the track, to be able to use it and share it with Olympic Trials athletes and visitors. So we're trying to get the word out to a larger community and invite them to come see what a tiny community is doing, and maybe give us a hand."

For more information about the McKenzie track project, check the group's website at trackandfield.mckenziecommunity.org/ or call Sherman at (541) 822-3451 or George Letchworth at (541) 822-3744. Checks to McKenzie Community Track and Field may be made out to MCTF and mailed to MCTF, 1574 Coburg Road, #870, Eugene, OR 97401-4802. *(Story courtesy of www.eugene08.com)*

OTC ACCOMPLISHES MANY GOALS IN FIRST OUTDOOR CAMPAIGN

Coach Frank Gagliano is very clear about the goals he and his athletes hold. He has stated it several times, "Qualify for U.S. Championships, qualify for finals, qualify for World Championships, qualify for finals." As many as three of these goals have been accomplished thus far in the season with the Osaka World Championships still ahead. Sixteen athletes qualified to make the trip to the National Championships in Indianapolis, seven of them made finals in their respective events, and two have earned the right to be considered for the World Championships in Osaka, Japan.

Coming off a huge win at the Pre Classic over 2004 Olympic gold medalist Yuriy Borzakovskiy, Nick Symmonds replicated his second place finish of last year's nationals behind Olympian Khadevis Robinson and punched his ticket to the World Championships.

In the men's steeple, Tom Brooks found himself with the leaders at the bell. Eventual winner Josh McAdams secured the victory with a monstrous last lap but with just 100 meters remaining, four men were still in contention for the second and third spots. Following hard-charging NCAA champion Aaron Aguayo, Brooks held off Olympians Anthony Famiglietti and Daniel Lincoln (the American record-holder) for third place.

Other notable performances came from sixth-place finisher, Cack Ferrell, in the women's 5000, and eighth-place finishes from Max King (Steeple), Sean Graham (5000), and John Jefferson (1500). Some members of the Oregon Track Club Elite team have already landed in Europe and look forward to a month of racing in international competition.

HAPPY TRAILS TO YOU

The following article has been updated with new information as of June 26, 2007, for OTC members. The original version appeared in the June OTCM newsletter.

I am pleased to report to club members the progress on the Steve Prefontaine Trail restoration for 2006 -2007...

A great deal was accomplished in 2006 and we have less than half the work to go – all because of your ongoing support and the many generous contributions from our business partners and individuals and our dedicated volunteers.

Together with Eugene's Parks & Open Spaces, we have completed approximately 60% of the restoration! Our 2007 goal is to complete the remaining 40% and to add the finishing touches, including signage, in Spring 2008.

We began our 2007 trail work in February with brush clearing to open up the trail and make it safe and comfortable to use. Our faithful regulars and a number of other volunteers have been working on this effort. The annual brush clearing continued through, and was completed, in the second half of June.

In early May, we got the restoration work underway with the widening of 931 ft. along the water corridor of the Green Loop. We were fortunate that Chambers Construction was able to provide the tractor and operator for this section of work. Thank you, once again, Scott Chambers.

In June we held an old-fashioned "Bark Party" to complete the I-5 Corridor section of the Red Loop. Those who were able to attend had a great time working together – and we completed the entire 490 ft. in time for a lunch barbecue back at the Maintenance House. Too bad it began raining just as we got the grill going! We are planning another work party and barbecue this summer – (on a dry day) TBA. Please contact me if you are interested in assisting this summer.

Starting in July, we are concentrating on widening the various parts of the Red & Yellow Loops – and fixing the drainage on the Yellow/Red connector. The Red & Yellow Loop widening is on our schedule for July, August, September, and October. Please take an opportunity to thank Rich Bolen and Peterson Machinery for their

generous on-going donation of the equipment needed for all this work.

The balance of the Red Loop sections needing full restoration is out for bid by Eugene Parks & Open Spaces.

We are happy to welcome EWEB on board! EWEB will be installing an auxiliary access path from the Autzen footpath to Pre's Trail this September.

This spring we received a very much appreciated recognition for our work – and had several media spots and mentions. These always seem to generate additional interest in the Trail and the Restoration Project – as well as offers of help and donations from the community. We were delighted be honored this March for our Trail work with a "Community Hero Award" from the Eugene Parks Foundation. The award was presented to OTC at a dinner attended by a number of our Trail volunteers and OTC members and officers. In April we held an Earth Day event to feature the Trail – coordinated by Restoration Committee member Scott Chambers and sponsored by KEZI. Mayor Kitty Piercy walked the full trail along with myself and OTC members and donors. Incidentally, Mayor Piercy is a dedicated walker and set the pace for the group. The Trail received additional media coverage by KVAL in April in a special "volunteers in the community" presentation which featured several of our regular volunteers.

To date, we have no run scheduled for Labor Day, as we have been unable to secure a meet director.

I want to thank again all those who have helped - and are helping – to make this restoration a reality.

I want to remind you that this is our final season to complete the restoration in time for the Trials. We still need donations of money and labor to complete the project. If you can help, please call me at my work: 343-3866 or home: 484-1275. You can also contact me by email at: geoffrey.hughes@comcast.net

Geoff Hughes, Chair

Prefontaine Trail Restoration Committee

Committee Members: Jon Anderson, Wade Bell, Cathy Twomey-Bellamy, Scott Chambers, Mike Olson, Geoff Hughes-Chair.

BECOME A MEMBER OF THE OREGON TRACK CLUB

Help your community stay on track by becoming a member of the Oregon Track Club.

Regular memberships are just \$25 for individuals, or \$35 for couples and families with up to two kids. Benefits include quarterly newsletters, free lunch at UO meets, annual pizza dinner with program, and *discounts at participating area merchants and at Oregon Track Club events like the Butte to Butte.

Business memberships are only \$100 per year and include a family membership, plus:

- business listing in the Prefontaine Classic program
- listing in Oregon Track Club newsletters
- listing and link on the OTC website

Masters memberships are available for those ages 30 and up, \$30 for individuals and \$45 for couples or families. Masters memberships include regular OTC member benefits plus a monthly

Masters newsletter, regular meetings and social events.

Oregon Track Club Masters is both a part of Oregon Track Club and a separate entity with its own officers, meetings and events. Formed after Bill McChesney, Sr., and Lew Thorne called an organizational meeting on the UO campus in 1981, OTCM has been a positive force in local and national Masters ever since. For more information, please visit the OTC Masters website, www.otcmasters.org.

Junior memberships are also available for kids 18 and under, cost \$20 per year, and include a free t-shirt and free admission to OTC All-Comers' Meets.

A membership application form is available for downloading at the Oregon Track Club website, www.oregontrackclub.org, or can be found at local running stores.

** Discounts are available from The Nike Store, Run Pro, Excel Sports Science, The Step Beyond & Eugene Running Company*

PRE'S TRAIL RESTORATION UPDATE

The following represents the trail work accomplished to date and work remaining to be completed in 2007 and Spring 2008. This schedule will wrap up the Restoration Project to coincide with the '08 Trials.

Green Loop - 1.27 mi.

- Trail has been realigned to conform to long-term plans for West Alton Baker Park improvements.

Substantially Complete:

- Trail has been widened on entire south side to 8 ft.
- North side widened to 8 ft. along water corridor to canal outlet – 931 ft.
- North side widened to 8 ft. from canal outlet to woods end.
- Lighting has been installed on entire loop.
- Access trails installed from entry plaza.

Work Remaining:

- Complete widening from woods end, along Science Factory to Autzen and canal footbridge – 1449 ft.

Green to Yellow Connector - .14 mi

Work Complete:

- Trail realigned and restored.

Work Remaining:

- Remove gravel on abandoned trail and plant with native species along canal.

Yellow Loop - .63 mi.

Substantially complete:

- Widened to 8 ft or more in most sections.
- Non-native vegetation removed 8 to 25 ft back from the trail.

Work Remaining:

- 400 ft of West end – widen to 8 ft.
- 712 ft on North Canal - regrade and dress with 3/4 in.

minus gravel, cap and rebark

Additional needs:

- Resurrect French drain (unclog with excavator).
- Replace and/or relocate plastic drain pipe with stronger larger diameter material.

Red Loop - 2 mi

This is the longest of the three loops and includes the Springfield connector. Most of the loop needs complete or various partial restoration.

Completed:

- 2800 ft. of canal-side trail newly restored by Parks & Open Spaces.
- 712 ft side extension 6 ft wide completed.
- 490 ft. – I-5 corridor section – lightly graveled and barked – June 2007 “Bark Party.”

Partial Restoration Needed:

- 475 ft. Pond Section – widen to 8 ft.
- 150 ft. to N. Walnut Bridge – widen to 8 ft.
- Knickerbocker Bridge section – finish top-gravel and bark.
- 712 ft. extension – widen to 8 ft.

Full Restoration Needed:

- 900 ft. East-end N. Canal section.
- 2309 ft. South-side river trail (by Parks & Open Spaces).

Additional Amenities

New Trail Section:

- Autzen Auxiliary Path - installation – 171 ft. (by EWEB).

Signage:

- Install 2-3 of 5 proposed kiosks.
- Install highway signs (in negotiation).

ALL-COMERS' MEETS REVISED ORDER OF EVENTS

Regretfully, we are unable to accommodate the javelin and hammer this summer because of safety issues. Lack of barriers prevent the running of the steeplechase. These events will resume at next summer's meets when they return to Hayward Field.

WEDNESDAYS (ages 1-12)

Note: Kids' meet to be held on Tuesday, July 3

5:30 p.m.	Long Jump
	High Jump (ages 10-12)
	Adult Pole Vault (lower starting heights)
	Shot Put (ages 10-12)
	Discus (10-12) follows Shot Put
5:30-6:15	Softball Throw
6:15	60 meters (ages 1-6)
6:15	low hurdles (ages 9-12)
6:30	100 meters (ages 7-12)
7:10	400 meters (ages 7-12)
7:30	200 meters (ages 7-12)
8:00	Distance race* (ages 7-12)

*Week 1 – 800 meters

Week 2 – 1500 meters

Week 3 – Mile

Week 4 – 800 meters

Week 5 – 1500 meters

WEEK 5 ONLY: 400m

relays to follow distance race

THURSDAYS (13 and OLDER)

Note: No hammer, javelin or steeplechase

5:00 p.m.	Pole Vault (starting height 11 ft)
	High Jump
5:30	Long Jump
	Triple Jump follows Long Jump
	Shot Put
	Discus follows Shot Put
6:00	Women's 100m Hurdles
6:10	Men's 110m Hurdles
6:20	Jogger's Mile
6:35	400 meters
6:50	100 meters
7:05	1500 meters
7:20	200 meters
7:35	800 meters
7:50	Distance race*

*Week 1 – 3000m or 5000m (combined)

Week 2 – Two Mile

Week 3 – 2k or 3k (combined)

Week 4 – 3000m or 5000m (combined)

Week 5 – 2k or 3k (combined)

We're on the Web!
oregontrackclub.org

OREGON TRACK CLUB



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TEAM XO: XO INVITE SETS NEW STANDARDS

For the fourth year, Team XO hosted the XO Invite at Hayward Field, the only high school meet held at the legendary track other than the State Championships. Meet records were set in twenty events, some having multiple record breakers, and countless state-leading marks were scored.

For the first year, XO invited schools from beyond Oregon and five Washington schools accepted the invitation. The top performance of the meet undoubtedly went to Pendleton's Brandon Caswell who shattered a state record in the 1500 meter wheelchair race that was last set at the inaugural XO Invite in 2004.



Brandon's jaw-dropping 3:22.19 is a record that will surely stand for some time! The XO Invite Champions, the Lincoln Cardinals, went on to win the 6A State Championship for both boys and girls, and the XO Invite was a resounding success under blue skies with calm winds!

XO qualified four athletes to the USATF Outdoor National Championships. Jane Rudkin competed once again in the women's 3000 meter steeplechase, Kyley Johnson returned to the championship meet after jumping at the Indoor meet, and the women's hammer throw was well represented with Cari Soong and Brittany Hinchcliffe.

OREGON TRACK CLUB OFFICIALS HAVE A GREAT YEAR

The Oregon Track Club Officials had another great year. We had 230 officials sign up to work meets this year at Hayward Field. They did a great job officiating. Thing went smoother this year as everyone was getting used to their roles. As we got closer to the end of the season the pace and intensity of the meets picked up with the State Meet, West Regionals, Road to Eugene '08, and the Prefontaine Classic. All of these meets went off well.

The Regional meet had no protests, that says something about

the quality of the officiating of the Oregon Track Club Officials.

Seven of our officials were chosen to work at the NCAA National Championships in Sacramento. Five of our officials were chosen to work the USATF National Championship in Indianapolis. We are starting to gear up for a big year in 2008.

*Dennis Olafson
Coordinator of Officials
Oregon Track Club*