OREGON TRACK CLUB

OnTrack

oregontrackclub.org

NOVEMBER 2013

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Clinic Planned for New Officials

There will be a training clinic for people interested in becoming a track and field official in late January 2014 in Eugene. The exact time, date and location will be announced in December. It will be held on a Saturday, mid-morning to early afternoon.

This clinic is open to everyone interested in being an official at all levels, including high school and college. Attendees will be encouraged to become certified at this clinic and that information is available at: www.oregon.usatf.org. Go to "Up-To-Date Information For Officials" and then "Become An Official" for more information.

To be certified, a person must also be a member of USA Track and Field (USATF) and new members may join at www.usatf.org.

The date, time and location of the training clinic will be in the next issue of "On Track" and will be on the OTC website. Contact Dick Lamster at 541-343-8664 or maeveanddick@q.com for more information.

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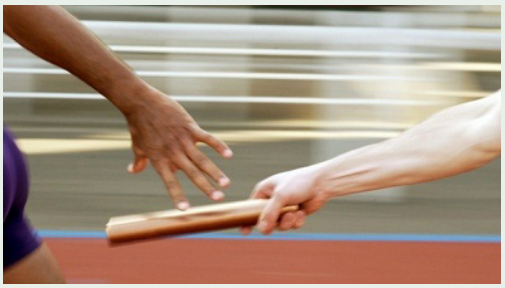
Renew Your Membership Today



Renew your OTC membership TODAY and join the OTC Member Relay by passing the membership baton to a new member.

Here is the relay race strategy: Renew your membership before December 31, 2013 and help grow the Club by recruiting a new OTC member.

The new member you recruit will enjoy full membership benefits for the remainder of 2013 plus all of 2014. Remember, the Oregon Track Club is for everyone.

Next year promises to be one of the most exciting track & field and road racing seasons in TrackTown's long history. Your membership supports these events and the many OTC community service programs such as our successful Grassroots Grants program plus OTC maintains and repairs Pre's Trail.

OTC members can take advantage of discounts and special offers including access to the Nike Employee Store in Beaverton. Your Nike

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Run/Walk a Success – Again!

The OTC monthly Run/Walk Series was a big success in 2013. The Club offered seven races in Eugene and Springfield on bike paths and cross country. In July, the Run/Walk event was part of the OTC All Comers meet at Hayward Field.

Run/Walk Series had a total of 647 participants and wrapped up the series with an awards banquet at the Reach Center in South Eugene. Track Town Pizza, Oakshire Brewery and Bigfoot Beverages provided refreshments.

OTC thanks all the participants and volunteers who helped make this such a fun and successful series in 2013.

The popular Run/Walk Series would not be possible without the our generous sponsors, Eclectic Edge Events, Track Town Pizza, Bigfoot Beverages, Oakshire Brewery and RBC Wealth Management.

Runners participate in one of OTC's Run/Walk events in 2013.

Next year's Series will kickoff in March and will have an event every month through October. The Run/Walk events are held the second Thursday of each month and have a 6 pm start.

Business Members

AHM Brands
Axis Physical Therapy & Rehab., Inc.
BIGFOOT BEVERAGES OF EUGENE - CHAMPION MEMBER
Brown Contracting, Inc.
Byrke Beller MD - Pacific Women's Ctr
C(IQ) Strategies
Cameron McCarthy Landscape Architects and Planners
Cascade Dermatology
Chambers Construction Company
Competition Not Conflict
Creswell Health and Rehab Center
Curtis Restaurant Equipment
Custom Orthotics
Chvatal Orthodontics- Supporter Member
D2000 Safety, Inc.
Dave Henry Real Estate Services, Inc.
David E. Carmichael, Attorney
Douglas Gallagher Law Office
Dr. Lonn Robertson Dentistry
Dr. W. Gray Grieve Orthodontics
Dunes Family Health Care
Eclectic Edge Racing
EMERALD SLEEP DISORDERS CENTER - CHAMPION MEMBER
Eugene Airport
Eugene Hilton Hotel and Conference Center
Eugene Marathon
Eugene Physical Therapy, LLC - Supporter Member
Eugene Running Club
Eugene Running Company
Eugene Wellness Center
Eugene, Cascades & Coast Sports
European Touch Painting Co
Fiddler's Green Golf Center
FITNESS LINK, INC.
Franklin R. Lulich, CPA, P.C.
GANT Custom Homes - Supporter Member
Garden Way Chiropractic Center
Gleaves Swearingen Potter & Scott LLP
Golden Realty
Gorilla Capital
Gravidi
Handy Ed Construction
Home Federal Bank - Supporter Member
Hughes Financial Group at Wells Fargo Advisors - Supporter Member
Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C.
Hybrid Real Estate - Olaf & Korrina Junge
Imagine Group - Supporter Member
John L. Stringer D.D.S.
JONES AND ROTH, CPAS & BUSINESS ADVISORS - CHAMPION MEMBER

Business Member Snapshots

Oakway Catering

Oakway Catering is a full-service catering company with a wide range of offerings; from box lunches to elaborate weddings and large events.

Oakway provides services for a variety of events: Anniversaries, Baby Showers, Bar/Bat Mitzvahs, Birthdays, Bridal Showers, Christenings, Corporate Events, Debutante Balls, Eco-Friendly/Green Weddings, Engagement Parties, Graduations, Holiday Parties, LGBT Weddings/Ceremonies, Memorials, Proms, Quinceaneras, and Sweet 16s.

The company was founded more than 30 years ago and Borzi Marashi has owned it since 2006. Marashi is a U of O alum who has been in restaurant/catering since 1985 in Eugene.

For more information, call (541) 343-3088, email or visit oakwaycatering.com.

Editor's Note: Oakway Catering is an OTC Supporter level business member. Thank you, Oakway Catering!

Eugene Running Club

The Eugene Running Club, established in 1987, is for adult runners of all abilities who wish to achieve personal running goals in a team-like group setting, under the guidance of a coach.

The club format embraces track-focused runners from 800 meters on up as well as road racers from 5,000 meters through the marathon, and those seeking simply to improve fitness through running.

The training atmosphere is one of serious fun — there's energy, enthusiasm, humor and camaraderie. Workouts are written with each individual athlete in mind, according to their personal goals and fitness levels.

Coach Cathie Twomey Bellamy writes individual workouts for each member of the Eugene Running Club, conducts group workouts several times a week, and is available for consultation by phone or email.

Information about the club and Cathie Twomey Bellamy can be found at www.eugenerunningclub.com or email: ctbeugene@aol.com

Cameron McCarthy Landscape Architecture & Planning

Cameron McCarthy is a 16-member landscape architecture, planning, and urban design firm located in Eugene. Their work includes a wide variety of projects for both private and public sector clients.

The firm's roots can be traced back to a private practice formed in 1952 by Wallace "Mac" Ruff, a renowned landscape architecture professor at the University of Oregon. During the past five decades, the firm has gone through a handful of carefully managed transitions. Today, the partnership is under the direction of Larry Gilbert, Matthew Scheibe, Matthew Koehler and Colin McArthur.

Six of the firm's members are licensed landscape architects (covering Oregon, Washington, Idaho, and California) and one member is a licensed planner (AICP).

The firm is a member of the USGBC (United States Green Building Council) and three members are LEED Accredited Professionals.

More information about the firm's services is available by calling (541) 485-7385 or email office@cameronmccarthy.com. Visit: www.cameronmccarthy.com.

Send in Your Pictures

Members! Send in pictures of you wearing your OTC merchandise on your travels around the world. Your picture may get published in the newsletter! Submit your pictures to otceugene@gmail.com and be sure to include where the picture was taken!

First Call: The Spirit of OTC

by Erin Regali, OTC President

As I prepare to write my article for the newsletter I am utterly amazed that we are knocking on November's door. Where does the time go? How fast a year quickly races by. It seems like just yesterday that we were ringing in the New Year. Now here we are experiencing this beautiful fall, the holiday season right around the corner, and ready to welcome in 2014!

Fall is a time of year that you can look back over the past months and savor all the accomplishments and good times as well as thinking about the year of goals ahead. As I look back over the year as President of Oregon Track Club, I cannot believe it nearly is coming to an end. I am truly amazed and proud of this great organization and have gained great knowledge along this journey. I feel so very fortunate to have met so many wonderful people and enjoy strengthening our working relationships together. The basis of track and field is unique with so many events and so many rules; but the impact upon all of us is great. I often wonder where we got our beginnings in the sport- is it as an athlete, parent, fan, coach, teacher, director? Somewhere in our past we have all been touched by the sport, and then continue to support it year after year. We are so fortunate to live in a community that embraces the sport so strongly.

In my role as President I have learned that working relationships and collaborations are so very important for all of us to succeed. For Oregon Track Club to be a viable organization we need positive relationships with Track Town, University of Oregon, our volunteers and the vast community. This requires effective communication and networking to accomplish our goals together. What makes Oregon Track Club unique is that we are a group of committed volunteers and track enthusiasts who share the same goal and spirit of promoting and enjoying all that the sport can bring to us.

So as you continue to enjoy the fall and gear up for the holiday season I remind you all that OTC brings to the community. We are a great nonprofit organization that strives to support the U of O track program and organizes officials at Hayward Field. The Club annually sponsors the prestigious Prefontaine Classic, as well as the July 4th Butte to Butte. The club is proud of its annual All-Comers' Meets as well as its commitment and passion to Pre's Trail. All of these things are what make our community so unique and continue to strengthen the sport of track and field. We are always looking for your support to keep our organization strong – with the end of the year coming, consider a tax-deductible contribution to OTC. It is always greatly appreciated. Or consider becoming an official or volunteer for meets and club activities. It is our goal to recruit new volunteers and also to retain the valuable volunteers we have. Don't forget to renew your OTC membership...our fall campaign is underway.

Oregon Cross Country Schedule

Support the UO Cross Country team by following them at one of the team meets:

Nov 2 – Pac-12 Championships – Boulder, CO

Nov 15 – NCAA West Regional – Sacramento, CA

Nov 23 – NCAA Championships – Terre Haute, IN

Visit GoDucks.com for more information.

Business Members

Kalen Electric & Machinery Co. Inc.
Kathleen Dugan LMT
Kelly G. Higgins, Financial Advisor, LPL Financial
Kenneth Vendley Insurance and Financial Services
Kernutt Stokes LLP
KVAL-TV
Let's Move Fitness, LLC
Lile/Eugene Moving & Storage
Locklear Leatherworks LLC
Loving Arms Lactation
Medic First Aid
Mike Fanelli
National Fire Fighter - Supporter Member
Neurospine Institute
Newman's Fish Company
Nike Running Eugene
Ninkasi Brewing
Norman Investments
Oakway Catering - Supporter Member
Pacific Continental Bank
Postal Pharmacy
Prichard Partners, Inc.
Prince Puckler's
ProHealth Family Medicine
Quantum, Inc.
RedWood TCM - Supporter Member
RANDOM LENGTHS - CHAMPION MEMBER
RBC Wealth Management, Todd G. Bosworth
REXIUS - CHAMPION MEMBER
Ron K. Ewert, DDS, PC
Runnin' Wild
Sapient Private Wealth Management Company
Sightline Property Inspections
SLOCUM ORTHOPEDICS, PC - CHAMPION MEMBER
SportHill
SportsOne, Inc
Springfield Area Chamber of Commerce
Stritmatter, Kessler, Whelan, Coluccio
The Carpet Company
The Innovative Print Group, Inc.
Track Town Brewery/Rogue Ales - Supporter Member
Track Town Pizza - Supporter Member
Tracktown Photo
Trips, Inc.
Trisha Kluge, LMT
Tyree Oil, Inc.
The UO Bookstore/Duck Store
Valley River Inn - Supporter Member
W. Michael Keller Realty of Spokane, WA
Wildish Land Company - Supporter Member
World Wheelchair Sports

Scoreboard Memory Lives On

by Bill Kelly

Hayward Field has seen a number of improvements and renovations since its construction in 1919. Today's fans frequently marvel at the large scoreboard designed by Tinker Hatfield, Nike's Vice President of Creative Concepts. This gift from Phil Knight and Nike was installed in January 2008 and draws the eyes of athletes and spectators to its LED screen, adding to the excitement of our local and international track and field events.

But what happened to the old scoreboard? Many long-time fans remember this scoreboard as an impressive display as well. Installed in 1991, it was considered state-of-the-art at the time. With over 3000 incandescent 15-watt bulbs, it gave unofficial times and competitors' placings just seconds after race completion.

In April of 2012 the University of Oregon offered to donate the old Hayward Field scoreboard to Oregon Track Club. It had been stored since 2008 and it needed to be moved or discarded. We agreed to move it from storage in Albany and through the generous help of Kevin Jones, we arranged to have it stored at Eugene Sign and Awning. Our dream was to refurbish this very large, iconic scoreboard and install it at a high school track and field facility.

For over a year we pursued this endeavor, checking with the manufacturer to discuss new software, pricing the latest in light technology, and talking with local interested parties about feasibility and fundraising ideas. After much research and information-gathering we concluded that despite our desire to have this scoreboard's useful life extended, the expense of renovation made little sense.

During the past two months a dismantling expert recommended by Eugene Sign and Awning took the venerable scoreboard apart, separating the metals and wiring, cleaning them and transporting them to Schnitzer Steel. After much labor-intensive effort, over 5000 pounds of recyclable materials were recovered generating nearly $3000 for OTC.

One of four panels and the crown of former Hayward Field scoreboard.

Current Hayward Field Scoreboard.

While the old Hayward Field scoreboard outlived its usefulness, the money received from recycling the materials will be used for other track and field activities. Grant money to purchase running shoes, equipment and uniforms will be enhanced by this extra income. All-Comers' Meets will have additional funds for needed items. Pre's Trail maintenance money will see an increase. So even though the old Hayward Field scoreboard is only a memory, it continues to advance the sport of track and field in our community.

Youth Shine at Dellinger

Photos Courtesy of Parker Logan Media

What do you get when 125 middle school youth register for a 3K at the Dellinger Meet? A chance of a lifetime to run a course during a meet named for a legend. In partnership with PDXC, the City of Eugene, the University of Oregon and Oregon Track Club, youth had a moment to shine on a beautiful day at the Springfield Country Club on October 5. Special thanks to Michael Bergman (PCXC) for managing the race and for the amazing OTC volunteers. It was a great day to see the future of Cross Country.

Renewal *continued from page 1*

Store access gives you and your family impressive discounts on quality Nike products.

Remember, all current OTC members have the same renewal date: December 31, 2013.

Membership fees have NOT increased and your individual, family or business membership is good through Dec. 31, 2014. You can renew for one year but why not simplify your membership by renewing for multiple years? You can select a two-year, three-year or five-year period for your membership.

Two ways to renew: go online at: www.oregontrackclub.org (select "Become a Member") or print the renewal form and send it to the address listed on the form. A copy of the OTC membership form is included in this newsletter. For more information, call 541-343-7247 or email info@oregontrackclub. org.

OTC Masters

Oregon Track Club Masters November 2013

Mark Your Calendar: OTCM Holiday Party

Washington Park Fieldhouse

Friday, December 13, 6–9 PM

Join us for a holiday party – bring your spouse or significant other too. The theme, as always, is plenty of conversation, with poinsettias adorning the tables.

Food

The club provides lasagne and chicken, members bring veggie plates, desserts, or appetizers.

Last name begins with
A – H Bring Desserts
I – O Bring Appetizers
P – Z Bring Vegetable Dish

White Elephant Gift Exchange

This optional but popular gift exchange features two ways to get a gift – choose from the not-yet-chosen group, or you can choose one that someone else already selected.

Come join us with your spouse or partner, and feel free to bring friends interested in supporting or participating in Masters running, walking, track or field.

THE TEN miler

Olympian Bridget Franek starts race

Bridget Franek, Team USA Olympician Steeplechase runner not only started the races, but met the finishers at the Finish Line.

Miles Dunbar, submaster Brett Ely 1st place

The aptly named Miles Dunbar, 24, won the men's 10 miler race, on a soggy September 29th morning, in a time of 55:01, a 5:31 pace.

Brett Ely, 34, won the women's 10 miler in a time of 1:01:33 for a 6:10 pace, also taking the submaster winning time.

Gutierrez, Gordon

Orestes Gutierrez 55:13, or 5:32 pace, edged Josh Gordon's 55:25 or 5:33 pace for 1st men's submaster finish and 2nd place overall.

First masters: Blackmore, Pettibone

OTCM's Kreuzpeintner trails Blackmore

Mike Blackmore in M5054 age group snagged 4th place overall, and first true master's finish with a 55:36 finisih for a 5:34 pace. OTCM's Thomas Kreuzpeintner in the M4549 age group finished 5th overall with a time of 57:14, or a pace of 5:44.

Jill Pettibone in the F4549 age group finished as first female masters, with a time of 1:02"39, for a 6"16 pace.

continued on next page

TEN miler results, continued

just 6 seconds per mile slower than Brett Ely.

OTCM's Kiley, Bosworth, Barrington sub 7

OTCM runners James Kiley M4044 finished in 1:07"19 for a 6:44 pace, while Todd Bosworth M5559 finished in 1:08:35 for a 6:52 pace and Don Barrington M5054 finished in 1:08:53 for a 6:54 pace.

OTCM's Kluge, Spangler in low 7's pace

Trisha Kluge F5054 took age-division 1st place with an impressive 1:10:25 finish for a 7:03 pace. Carla Spangler F4044 finished in 1:13:37 for a 7:22 pace.

OTCM Schwarzkopf, Cave, Hall in 7 pace

Alexander Schwarzkopf M3539 finished in 1:12:35, or 7:16 pace; Katie Cave F3034 finished in 1:16"18, or 7:38; John Hall M5559 finished in 1:16:37, or 7:40 pace.

OTCM Brouns, Hledik, Stromme finish next

Johan Brouns M6569 finished in 1:23:58, an 8:24 pace, followed closely by Randall Hledik M6964 in 1:24:10, an 8:25 pace. Jerry Stromme M5054 finished in 1:26:11, an 8:38 pace.

3 More OTCM sub 9 finish: Manning, Modee, Bowen

Bill Manning M5054 finished in 1:27:34, an 8:46 pace. Steve Modee M6064 finished in 1:28:28, an 8:51 pace. Teresa Bowman F5054 finished in 1:29:35, an 8:58 pace.

Celestina, Eastwood, Harrington, Wheeler, Leutzinger

Ed Celestina M6064 ran a 1:31:27, a 9:09 pace. Rebecca Eastwood F5559 ran a 1:33:31, a 9:21 pace. Kyoko Harrington F5054 ran a 1:37:02, a 9:43 pace. Don Wheeler M5559 ran a 1:37:38, a 9:46 pace. Richard Leutzinger M7074 ran a 1:38:04, a 9:49 pace.

Weintraub, Dietz

Mark Weintraub M5559 ran a 1:44:33, 10:28 pace. Art Dietz M7579 ran a 1:55:54, an 11:36 pace.

5K

David Elliott Masters the 5K

OTCM runner David J. Elliott M6569 swept to first place in the race with a 20:30 finish time for a 6:36 pace.

Robin Barrington

OTCM runner Robin Barrington F5559 finished in 36:55 for an 11:53 pace. We noticed a significant number of Barringtons - 2 in their 20's in the 5K, Robin in the 5K and Don Barrington in the 10 miler.

November Birthdays

1	Carol Lewis	65-69
3	Beverly Ficek	75-79
3	Carol Golly	60-64
3	Leah Willow	40-44
5	Trisha Kluge	50-54
5	Dennis Olafson	65-69
6	Mark Plucinski	55-59
7	Kathie Barber	60-64
8	Steven Hammans	60-64
8	Barry Locklear	65-69
8	Virginia Newby	65-69
9	Joseph Hudzikiewicz	75-79
10	Larry Coxe	55-59
10	John Ticer	55-59
11	Terry Lewis	65-69
11	Brad Whiting	65-69
11	Aaron Yates	45-49
12	Robert Darling	75-79
12	Marjorie Gilmore-Dick	75-79
12	Haley Lyons	30-34
13	Randy Hale	50-54
14	Susan Caley	60-64
14	Sandi Godsil	60-64
15	Brian Barber	65-69
15	Janie Burns	75-79
15	Billie Moser	45-49
17	Karen Lynch	60-64
18	Jim Hiebert	60-64
18	Fred Merten	70-74
19	William Sanders	45-49
19	Julia Sunkomut	40-44
20	Bob Burns	75-79
20	Anne Elise Campbell	60-64
20	Dave Morgan	45-49
21	Doug Leonard	40-44
21	Karen Plucinski	50-54
22	Laurel Fooks	35-39
23	Sharlynda Olafson	65-69
23	Cameron Stauth	65-69
25	Johan Brouns	65-69
26	Farren Brown	55-59
26	Tod Harris	45-49
26	Ken Hubbard	45-49
26	Trina Kanewa	45-49
27	John Gillespie	65-69
27	Chuck Hammonds	65-69
27	Marilyn Koenig	65-69
28	Zel Brook	65-69
28	Lou Kaczenski	45-49
28	Maureen Pollock	55-59
28	Patrick Wagner	50-54
29	Stan Manley	50-54
29	Marcia Thompson	60-64
30	Samuel McElwain	30-34
30	Frank Roome	50-54

OREGON TRACK CLUB

2014 Membership Application **Renewal ☐ New ☐**

Note: If you joined on or after October 1st, your membership is valid through **12/31/14.**

First Name*_____ Last Name*_____

Mailing Address*_____

City*_____ State*_____ Zip*_____

Day Phone* (_____)-_____-_____ Evening Phone (_____)-_____-_____

Email*_____ Birthdate_____

***REQUIRED**

Regular Masters (30 yrs plus)
☐ Individual ($30) ☐ Couple/Family with children 18 & under ($40)
☐ Individual ($30) ☐ Couple/Family with children 18 & under ($40)
See member benefits listed on this form.

Juniors & Students ☐ Individual ($20)
Open to persons ages 18 and under or full time students enrolled in college or a university. See member benefits listed on this form. Includes free entry to the All-Comers Meets. Individuals 18 and younger also receive a free t-shirt (while supplies last).

Multi Year Option ☐ 2 years ($60/$80) ☐ 3 years ($90/$120) ☐ 5 years ($150/$200)

FOR COUPLE/FAMILY MEMBERSHIPS, LIST OTHERS INCLUDED IN YOUR MEMBERSHIP:

Spouse's/Partner's Name_____ Birthdate_____

Child's Name_____ Birthdate_____

Child's Name_____ Birthdate_____

+Additional Children can be listed on the back of this form. Please include birthdates.

Basic Business ☐ ($100) ☐ 2 yrs ($200) ☐ 3 yrs ($300) ☐ 5 yrs ($500)
Benefits include: free family membership, Business listing in the Prefontaine Classic Program, the OTC Newsletters, Membership Directory and on the OTC website with a link to your business.

Supporter Business ☐ ($200) ☐ 2 yrs ($400) ☐ 3 yrs ($600) ☐ 5 yrs ($1000)
Basic benefits **plus free 1/8 page ad** in an issue of the newsletter, enhanced listing in the Pre Classic Program and Membership Directory. Two listings on the OTC website.

Champion Business ☐ ($500) ☐ 2 yrs ($1000) ☐ 3 yrs ($1500) ☐ 5 yrs ($2500)
Basic benefits **plus 2 free 1/4 page ads** in the newsletter, enhanced listing in the Pre Classic Program and Membership Directory. Two listings on the OTC website.

Business Name_____

Contact Name_____ Phone (_____)-_____-_____

Street Address_____

Mailing Adress_____

City_____ State_____ Zip_____

Email_____ Website_____

MEMBER BENEFITS

Discounts on local road races such as Butte to Butte, Eugene Marathon/Half, discounts at local businesses such as Nike, The Duck Store and Eugene Running Company, free Run/Walk event entries, monthly newsletter, annual dinner. Additional **Masters Member benefits** include: coached practices, presentations and socials

Full list of benefits:
www.oregontrackclub.org

OTC MERCHANDISE

Club merchandise available.
See our website for details.
www.oregontrackclub.org

DONATIONS

☐ I would like to make a donation in the amount of $_____

☐ Friends of Pre's Trail Donation in the amount of $_____
(any amount above $75 – free Pre's Trail t-shirt)

VOLUNTEER OPPORTUNITIES

☐ Butte to Butte
☐ Pre's Trail Maintenance
☐ All-Comer Meets
☐ Track & Field Officiating
☐ OTC Run/Walk Series
☐ Membership Tables
☐ Committees

NEWSLETTER PREFERENCE

☐ Email/Online **(GO GREEN!)**
☐ Hard Copy Mailed

*The Club publishes an annual member roster (avail. to members by request). Please circle the information which you want **omitted:***
Name Address Day Phone Evening Phone Email

Questions? E-mail: otceugene@gmail.com **Track Club is a 501(c)3 organization**
MAIL FORM: **Oregon Track Club** **P.O. Box 11364, Eugene, OR 97440**

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Eugene, OR 97440

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OTC Elite Among World's Best

By Curtis Anderson, TrackTown USA

The 2013 track and field season provided ample evidence that the athletes who compete for Oregon Track Club Elite are among the best in the world.

Last August, Ashton Eaton claimed the gold medal in the decathlon at the IAAF World Championships of Athletics in Moscow with 8,809 points. By doing so, he became the first decathlete in history to win the Olympic gold medal and world championship in consecutive years.

Eaton also found time to get married to his OTC Elite teammate, Brianne Theisen, on July 13. Theisen, the Canadian national champion, kept pace with her husband by winning the silver medal in the heptathlon in Moscow with a personal best of 6,530 points.

Although OTC Elite's Nick Symmonds saw his streak of five straight U.S. titles in the 800 meters come to an end at the USA Outdoor Track & Field Championships, he bounced back with a vengeance at the World Championships.

Symmonds captured the silver medal in Moscow, his first on a global stage, by placing second in the 800 with a time of 1:43.55.

Both Eaton and Symmonds are finalists for the 2013 Jesse Owens Award, which is presented by USATF each year to the nation's top male and female track and field athletes.

OTC Elite had several other finalists at the U.S. championships, including Tyler Mulder in the 800; Russell Brown, Ben Blankenship and Andrew Wheating in the 1,500; and Bridget Franek and Aisha Praught in the 3,000 steeplechase.

Also competing for OTC Elite were Olympians Jesse Williams in the high jump and Cyrus Hostetler in the javelin.

In addition, Franek set an American record of 6:19.09 in the 2,000 steeplechase; Alexi Pappas finished third in the USA 5K Road Championships; Ireland's Ciaran O'Lionaird took third in the 3,000 at the European Indoor Championships; and Mulder was third in the 800 at the USA Indoor Championships.

OTC Elite added two notable recruits for the 2014 season. Former UO standout Elijah Greer and UC Irvine grad Charles Jock were both signed to further strengthen the 800.

Greer, the NCAA 800 indoor and outdoor champion, clocked his PR of 1:45.04 in placing fourth at the U.S. championships, while Jock was eighth in that race. Jock posted his PR of 1:44.67 in 2011.

Many thanks to: Erin Regali, Phil Sutton, Bill Kelly, Kari Westlund, Dick Lamster, Kim McManus, Todd Bosworth, Jane Kammerzelt, Parker Logan Media, John Lucas, David Wilkins, for contributing to this issue. Please contact Jennifer Touchette at jennifertouchette@comcast.net for any comments about this newsletter.