



INSIDE THIS ISSUE

Business Snapshots2
 Business Members..... 2, 3
 President's Message3
 Hasay is Top Athlete3
 Volunteer for Pre's Trail..... 4
 Friends of Pre's Trail..... 4
MASTERS NEWSLETTER!
 Vin's Track Town.....5
 Hershey's Track & Field 6
 OTC Elite..... 6
 Win With Integrity.....7
 All-Comer's Meet..... 8

OTC Monthly Run to be held July 14

OTC's popular Monthly Run Series takes to the track this month and joins the OTC All-Comers' meet July 14 at Lane Community College. Choose from a variety of events: Joggers' Mile, 800m, 1500m, 3k or 5k, or try a new event like the 200m! Any track event on the schedule is open and will count toward monthly run participation for those of you aiming for the special gift (for participating in 9 of 12 events).

Registration begins at 5pm at the track shed. Fees are the same as for All-Comers' participants and are \$1 for OTC members and \$3 for non-members. Please identify yourself as a "Monthly Run" participant.

For full meet schedule and to pre-print your participation waiver, visit www.oregontrackclub.org. Please note the meet is at Lane Community College. Parking is available in the student lots and can be accessed off I-5 or 30th Avenue.

Disc Golf Course Proposed for West Alton Baker Park

By Geoff Hughes and Kari Westlund

City of Eugene Parks & Open Space (POS) has been working with disc golf user groups to site a disc golf course in a Eugene Park. After a review of parks, City staff is recommending West Alton Baker Park, with nine proposed holes overlaying the Steve Prefontaine Memorial Running Trail Green Loop - the first loop at the start of the Trail.

As stewards of Pre's Trail, the Oregon Track Club feels strongly that both safety and quality of experience need to be factors in evaluating whether these activities are compatible. While we support the efforts of area disc golfers to establish a second course in addition to Westmoreland, our stewardship of Pre's Trail is our first responsibility.



A disc golf course is proposed to overlap part of Pre's Trail.

The Pre's Trail Committee has attended a public forum on this proposal and had meetings with POS staff and disc golf proponents to gauge the appropriateness of locating part of the disc golf course overlapping the most heavily used segment of Pre's Trail. After a demonstration at the Trail on May 31, many of committee members have doubts that this is a good solution because of the

Continued on Page 4

Applications Open Aug. 1 for Grassroots Grants

The Oregon Track Club is dedicated to supporting youth and developmental track plus field and running organizations in the greater Eugene/Springfield area. Each year, the club awards grassroots grant funds that reach and support hundreds of local school children and adults. Past newsletters have profiled some of the recipients whose projects include repairing and replacing track equipment, funding scholarships for participation in school track and field programs,

providing free running shoes, and even supporting a field trip to Hayward Field.

Know a club or organization that could benefit from an OTC Grassroots Grant? Applications will be available online August 1 at www.oregontrackclub.org. Proposals must be submitted by September 30, 2011. The proposals are reviewed in October and announced in early November. Grant funds are limited, with preference given to non-profit organizations.

Business Members

Adult Living Solutions
 Axis Physical Therapy & Rehab., Inc.
 Baden & Company
 Bayberry Salon
 Best Westerns of Eugene
 Bob Heitstuman Construction
 Brown Contracting, Inc.
 Byrke Beller MD, - Pacific Women's Ctr
 Cameron McCarthy Landscape Architects and Planners
 Cascade Dermatology
 Chambers Communication Corp.
 Chambers Construction Company
 Chvatal Orthodontics
 Clinic of Natural Medicine
 Comfort Suites Eugene
 Competition Not Conflict
 Cooperative Performance & Rehab, LLC
 Core Strength Chiropractic
 Curtis Restaurant Equipment
 Custom Orthotics
 D2000 Safety, Inc.
 Dave & Nancy Haverstock
 "Mr. & Mrs. Real Estate"
 Dave Henry Real Estate Services, Inc.
 David E. Carmichael, Attorney
 Dr. W. Gray Grieve Orthodontics
 Dunes Family Health Care
 Eclectic Edge Racing
 Eugene Airport
 Eugene Area Chamber of Commerce
 Eugene City Brewery
 Eugene Hilton Hotel and Conference Center
 Eugene Physical Therapy, LCC
 Eugene Running Club
 Eugene Running Company
 Eugene Wellness Center
 European Touch Painting Co
 Evans Elder & Brown, Inc.
 Family Dentistry of Dr. Lonn Robertson
 Fiddler's Green Golf Center
 Fitness Link, Inc.
 Franklin R. Lulich, CPA, P.C.
 Garden Way Chiropractic Center
 Geoff & Therese Hughes at Wells Fargo Advisors
 Gleaves Swearingen Potter & Scott LLP
 Glenwood Restaurants, Inc.
 Gorilla Capital
 Granary Pizza Co.
 Handy Ed Construction
 Heart and Home Real Estate
 Home Federal Bank
 Hoodoo Recreation
 Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C.
 Imagine Group
 John L. Stringer D.D.S.
 Jones and Roth, CPAs and Business Advisors

Business Member Snapshots

Byrke O. Beller MD, LLC

Dr. Beller is on the medical staff at the Pacific Women's Center, Eugene. His specialties are Obstetrics, Gynecology & Infertility.

Dr. Beller practices evidence-based medicine and is a strong believer in empowering patients to make informed decisions regarding their medical care.

He is a graduate of Miami University (Ohio) and Jefferson Medical College in Philadelphia. He completed his training in Obstetrics and Gynecology at the University of New Mexico.

Beller competes in local Oregon Track Club Masters track events and local road races. In 2010, Dr. Beller was ranked tenth in the U.S. in his Masters age division for the 400 meter dash.

For more information: Pacific Women's Center, 541-342-8616 or visit www.pacific-womenscenter.com.

Newman's Fish Company

Newman's has been purveyors of fine fish and seafood since 1890.

The company offers fresh seafood daily from two Eugene locations: 1545 Willamette Street and Newman's Fish Grotto, 485 Coburg Road. There is also a Newman's Fish Market in Portland.

The Willamette St. location also offers a menu of fish and chips while the Coburg Grotto offers fish and chips as well as grilled entrees and sandwiches.

For more information: 541-344-2371 (Willamette), 541-485-9292 (Coburg Rd) or visit: www.newmansfish.com.

Imagine Group

The Imagine Group is a long-time graphic services provider in the region. The company's three divisions encompass a broad range of services:

- Imagine Graphics

- Imagine Fleet Graphics
- Imagine Photographics

The mission at Imagine Group is to help their clients get noticed. "We make our clients look fabulous with exquisite photography, gorgeous graphics and fantastic vehicle wraps," said Chris Meeker, president.

The staff uses state-of-the-art technology, quality materials, integrated services, and on-time service to make the project a success.

For more information: 541-485-2994 or visit www.imaginegroup.com.

Editor's note: Imagine Group recently donated \$300 worth of banners, signage and other graphic products to the Oregon Track Club. The donation was part of Imagine Group's Great Giveaway of several thousand dollars worth of products and services to some 13 local nonprofit organizations. Thank you, Imagine Group!

Women's Half Marathon Offers OTC Discount

The Eugene Women's Half Marathon is scheduled for Sunday, September 4.

The race is offering a \$10 discount to Oregon Track Club members! OTC members should print and fill out the race registration form and put "OTC" at the bottom of the form. Subtract \$10 from the registration fee and mail or deliver the form to the address on the form.

Race information and entry form are available here: www.eugenewomenshalf.com.

Summer Office Hours Flex

During the summer, the OTC office and administrator will be operating on flexible hours. If you require assistance, such as purchasing merchandise or picking up membership cards and bags, please email to make an appointment at otceugene@gmail.com.

President's Perusings: Partnerships are Key

by Kari Westlund

The Oregon Track Club is benefitting from, and is thankful for, a number of partnerships. Certainly, our close relationship with the University of Oregon Track & Field office



is core to our mission of providing support to that program. The success of the program under the leadership of Associate Athletic Director Vin Lananna, fills us with pride and makes the dedicated work of OTC officials even more rewarding.

The last several years have been a whirlwind of success for UO Track & Field, and the Oregon Track Club has benefited in many ways. Vin's thoughtfulness as a broad visionary, looking for stewardship opportunities for the sport of track and field, has placed OTC at the center of those opportunities, resulting in our new logo, gifted to us from Nike and licensed to the OTC Elite, who have gained our Club international recognition and honor.

The work of OTC Events, under co-chairs Vin Lananna and Greg Erwin, has resulted in the most polished and exciting track and field events ever hosted in the United States. Eugene 08 was a singular achievement, and established the Oregon Track Club as a respected national leader in event hosting.

Both the UO and OTC have benefited from the presence of Michael Reilly over the past six years. Michael's professional demeanor, business savvy and acumen in directing meets has been a huge positive for our collective efforts.

The Oregon Track Club has an enduring regard and appreciation for Michael, and we wish him all the best (and hopefully

a safe return to TrackTown USA at some point in the future) as he departs for London to work on the upcoming Olympic Games.

Another key and cherished partner for OTC is Nike. Nike's continuing stewardship of the Prefontaine Classic has maintained the PRE as the preeminent annual international meet in the U.S. The Prefontaine Classic gains Eugene international exposure, cements our TrackTown USA status and creates a point of pride for our Club and our community that would be impossible to achieve without Nike.

Nike's support of the Oregon Track Club is diverse, and includes worldwide distribution of apparel featuring our logos and related royalties, event support, and Nike Beaverton Employee Store passes for OTC members. Nike's partnership is integral to what OTC has been able to achieve, and the Club is forever grateful.

The University of Oregon and Nike are cornerstones of the Club's overall success and just two of many important, cherished partnerships.

Coaches Tap Hasay as Top Athlete

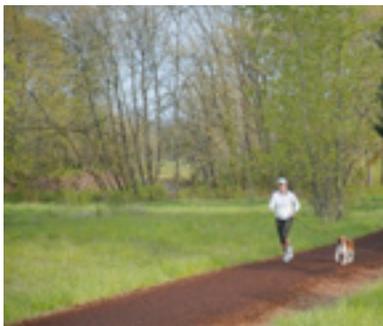
Oregon distance runner Jordan Hasay was named the U.S. Track & Field and Cross Country Coaches Association's co-West region athlete of the year.

Hasay has the fastest time of the collegiate season in the 1,500 meters at 4:10.28 and the second-fastest time of the season in the 5,000 meters. She shares the honor with Sacramento State's Lea Wallace.

Other West region award winners were Arizona State's Anna Jelmini, Colin Dunbar of Long Beach State and Elliot Heath of Stanford.

Business Members

Kalen Electric & Machinery Co. Inc.
 Kathleen Dugan LMT
 Kernutt Stokes LLP
 KEZI 9 News
 Lane Regional Air Protection Agency
 Let's Move Fitness, LCC
 Lile/Eugene Moving & Storage
 Locklear Leatherworks LLC
 Mike Fanelli
 National CineMedia
 National Fire Fighter
 Neurospine Institute
 Newman's Fish Company
 Oakway Catering
 On Track
 Oregon Research Institute
 Oslund Design
 Pacific Continental Bank
 Pepsi-Cola Bottling Company of Eugene
 Postal Pharmacy
 Prichard Partners, Inc.
 Random Lengths
 RBC Wealth Management,
 Todd G. Bosworth
 RedWood TCM
 Rexius
 Ron K. Ewert, DDS, PC
 Run Momma Run
 Runnin' Wild
 Sapient Private Wealth
 Management Company
 Sightline Property Inspections
 Slocum Orthopedics, PC
 SportHill
 SportsOne, Inc.
 Springfield Area Chamber of Commerce
 The Carpet Company
 The Eugene Marathon
 The Long Run Picture Company
 The Nike Store
 Timbers Motel
 Track City Track Club
 Track Town Massage Therapy
 Tracktown Photo
 Tracktownsoftware.com
 Travel Lane County - Eugene,
 Cascades & Coast
 Trips, Inc.
 Trisha Kluge, LMT
 Tyree Oil, Inc.
 Univera
 University of Oregon Bookstore/
 The Duck Store
 Valley River Inn
 Vox Public Relations Public Affairs
 W. Michael Keller Realty of Spokane, WA
 West Eugene Heated Storage
 Wildish Land Company
 William P. Maier, MD PC
 World Wheelchair Sports



Pre's Trail needs community support and dedicated volunteers to keep it maintained.

**In Our August Issue:
Learn how you
can become an OTC
T&F Official**

Disc Golf

Continued from Page 1

difficulty in seeing/anticipating the fast flying discs.

However, it was a rainy day, with few runners and few disc golfers. We want to be sure we are being fair and accurate on the impact disc golf will have on the running experience. We suggested the City provide for a demonstration period, through a series of dates, during the most heavily used times and get feedback from Trail users. The length of this experiment is still to be

determined; it could be a series of weekends or a block of time from one to three months.

Please provide feedback on the quality of your experience and any relevant safety factors if you are on Pre's Trail and notice disc golfers using adjacent areas. Email Pre's Trail Committee Chair Geoffrey Hughes at geoffrey.hughes@comcast.net or OTC President Kari Westlund at kari@travellanecounty.org.

Trail Volunteer Coordinator Needed

OTC is looking for someone to coordinate scheduling the volunteer efforts on Pre's Trail.

The duties include checking the schedule of proposed projects, coordinating with the project head and contacting the list of available volunteers.

The coordinator would also keep a record sheet of the names and hours worked by the volunteers.

As for actual Trail volunteers, coordinating our volunteers with availability of POS resources has meant we have asked a few people to do a lot. We are looking at how to reorganize Trail maintenance so we can have more people work less frequently. We want to better utilize our vital resource and keep our people fresh. Please volunteer some time if you value Pre's Trail and are able to help.

Thank you for all your help, past present and future.

If you have an interest or questions please contact Geoff at geoffrey.hughes@comcast.net, phone: 541-484-1275 home or 541-343-3866 work.

Be a Friend of the Best Trail in the US

by Celeste Kuta

Pre's Trail benefits the entire community but requires many resources to maintain it as the best running trail in the country. Traditionally, OTC has provided more than 2,000 volunteer hours and \$6,000 per year to purchase materials (bark, gravel) and to rent equipment. The amount that OTC will need to contribute for trail maintenance is expected to increase greatly as City of Eugene Parks & Open Spaces, OTC's partner in maintaining the trail, withdraws much of their support (funds, equipment sharing and manpower).

For perspective, Eugene increased its park acreage by 63% in the past 12 years but the operations & maintenance budget for Parks & Open Spaces has remained relatively flat. So there is a need for more public/private partnerships such as "Friends of Buford Park/Mt. Pisgah" or "Friends of Hendrick Park" or "Friends of Pre's Trail" to fill the gap created by resources spread out among more parks and acreage. We do not yet have a firm estimate of how much more OTC will need to contribute to cover the gap but anticipate that it will at least double.

Several organizations and individuals

Continued on Page 7



The OTCM Monthly

Oregon Track Club Masters

July 2011

President's Column

by Shivaun Black, OTCM President

I am grateful to all of the volunteers and officials who made the Hayward Classic possible. On behalf of myself and the OTCM board, thank you for all of your hard work and dedication.



If you are an OTCM member and are interested in meeting other members, our upcoming picnic is a great venue for making new friends as well as visiting with old friends. We hope to see you there.

July Picnic Lamb Cottage Sunday July 24 Noon - 3 PM

Who You

Bring a side dish - details below
Bring your spouse / significant other

OTCM

Brings hamburgers, hot dogs, cold pop

Where

Lamb Cottage in Skinner's Butte Park, Eugene

When

Noon to 3 PM

OTCM members will enjoy the chance to meet and chat with fellow members - in a non-competitive setting.

Side dishes

If your last name begins with

A-K bring a **Desert**

L-Q bring a **Salad**

R-Z bring an **Appetizer**

Hayward Classic

Using a one-day format and taking place about a month earlier than typical, the Hayward Classic lived up to its reputation as one of the nation's premier Masters Track and Field meets, attracting 193 registered participants.

Some 28 Hayward Classic age-group records were broken in this meet, including Monica Kendall's W55 American record shot put - a 13.90 meter toss (42 feet 11.5 inches).



Craig McMicken on his way to 5K Hayward Classic record

OTCM Masters set Hayward Classic Records

Craig McMicken set a M85 record in the 5,000 meter race with a 35:20.12 run..

Becky Sisley set two W70 records:

200 meter hurdles record with her 52.80 run;

Javelin record with her 25.79 meter throw (84'-7").

Melanie Reske set four Hayward Classic meet records in her W90 age group:

Shot put record 3.41 meter toss (11'-2.25");

Hammer record 9.70 meter throw (31'-10");

Weight record with a 4.58 meters throw (15'-0.50");

Javelin record 6.01 meters (19'-9").

Relay Records

Finally, the track portion of the meet ended with two consecutive relay records: the **M70-79 4x100** meter

Continued on next page

July Birthdays

1	Tom Heinonen	65-69
3	Kenneth Wedin	65-69
5	Alan Whalen	45-49
5	Bill Beutler	55-59
6	Jani Selven	50-54
6	Sandy Pashkin	65-69
9	Ed LeRoy	65-69
9	Glen Neal	70-74
10	Roger Robb	60-64
11	Scott Jackson	60-64
11	Jim McLatchie	70-74
12	Mary Johnson	45-49
12	Brad Swank	55-59
12	Nancy Pierce	55-59
13	Samantha Huhn	20-24
13	Robert Saalfeld	60-64
14	Frank Lulich	65-69
14	Molly Stafford	65-69
15	Dave Haverstock	65-69
16	Rebecca Eastwood	50-54
18	Jim Jackson	60-64
18	Tyler Burgess	60-64
18	Carter Keane	75-79
19	Rob Mullens	40-44
19	Jeff Krueger	45-49
19	Barbara Hazen	65-69
20	Frank Searfus	60-64
22	Sarah Agsten	40-44
22	Ed Spinney	55-59
23	Laura Niles	65-69
24	Merlyn Hough	60-64
26	Larry Trachtenberg	55-59
26	Robert Benedict	60-64
27	Ivy Duncan	50-54
28	Wally Hensley	70-74
29	Derek French	45-49
30	Sharon Rogers	50-54
31	Kathy Anderson	60-64

Hayward Classic 2011... continued:

relay record setting 1:13.56 run by Bob Golly, Woody Brock, Paul Stepan, anchored by Paul Edens, and the **M60-69 4x800** meter relay record setting 12:56.77 run by Ed Celestina, Keith McConnell, Dave Wilkins, and anchored by Les Castle.

Relays are fairly informal but fun; next year, the club intends to issue some challenges - Oregon vs. California, for example - to perk up interest in the relays.



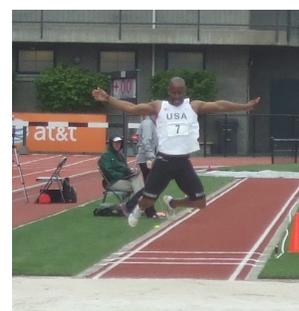
5K run left to right: Bob Golly, David Elliott, Thomas Kreuzpeintner, Dave Peterson

Some of the 5,000 meter runners from OTCM, shown above. David Elliott, in the M65 group came within 9 seconds of meeting the very challenging "Track All American" standard, more or less the masters "A" standard.

To see runners and racewalkers in action, check out the Hayward Classic videos on otcmasters.org. If any readers took pictures of the field events, we are interested in publishing or displaying them on the website - call or email Dave Wilkins, OTCMonthly editor.



Jim Hiebert and Gary Ahearn finish the 400



Eddie Odoms soars during a jump



Donn Kirk, happy at the end of the 400 meter dash



Left: Multi-event competitor Bob Golly clears a hurdle

Photo courtesy of Bob Golly

Right: 5K Racewalkers stride ahead; #40, Judy Heller, set a W50 course record 32:10.06



Vin's Track Town: Thank you, Reilly

by Vin Lananna

Thanks to the OTC for the outstanding support over the last year. Much has been accomplished.

Together we have had tremendous success at every level. Hayward Field has never looked better and Tracktown USA is booming. Despite the "liquid sunshine" this spring I am pleased to report that attendance has been at record levels for most of our meets including the NCAA West Preliminary Round on Memorial Day weekend.

Your enthusiastic support is evidence that the community sets the standard by which others measure their success. The Oregonian and Register-Guard have done a terrific job creating awareness of the outstanding success of University of Oregon's team results.

The Men and Women of Oregon successfully defended PAC 10 titles at Arizona and the forecast for the 2012 teams appears to be very optimistic. The majority of the student athletes on both teams return next year. The women had a narrow victory over the host school while the men scored in many events to win their fifth consecutive conference title.

My six years as a member of this community have been personally and professionally rewarding in so many ways and I want to thank the members of the OTC for the volunteerism, generous support, and confidence. It is my pleasure to specifically recognize the efforts of "the man behind the curtain" for his dedication to all things that are Tracktown related – Michael Reilly. His hard work, masterful leadership, and loyalty to the efforts of Tracktown have left an indelible mark on our community.

Few could argue that Michael's reach

doesn't extend beyond Hayward Field meets and events. His impact is felt with the University of Oregon's athletic department, as a member of the Olympic Trials steering committee, with our officials, with our donors, and every aspect of this complex organization. He is a brilliant problem solver for all issues big and small. Whether it requires two minutes or two days, Reilly gets it done.

Rather than taking center stage, he remains unassuming and humble but his impact is powerful. It was unrivaled at Stanford, Oberlin, and the same is true at Oregon. For the past 19 years Michael has been my right-hand man for all of the ambitious plans that have been undertaken. His disarming personality and powerful intellect set the gold standard for event organization. He is widely respected as a genius throughout the athletics world inside and outside the NCAA.

It is my pleasure to invite him to the center of our stage so that we can give Michael Reilly a standing ovation for a brilliant performance.

Three Ducks Earn NCAA Titles

Three University of Oregon athletes captured individual titles at the NCCA Track & Field Championships held recently in Des Moines, Iowa.

Congratulations to Melissa Gergel (Pole Vault), Anne Kesselring (800 meters), and Matthew Centrowitz (1,500 meters) for their outstanding performances.

The Oregon women finished second in the team title race while the men tied for tenth. The women were just four points behind the winning Texas A&M team.

Texas A&M also won the men's team title.



Vin Lananna is the Associate Athletic Director and the Director of Track and Field at the University of Oregon.

Hershey's T&F Reaches 2500+ Local Kids

by Kim McManus

Hershey's Track & Field local meets were held this spring and served more than 2500 kids in an all-comers' track format.

Partnering with the Bethel track program, 4J and Willamalane, the City of Eugene hosted eight local meets. Youth participated in the 50m, 100m, 400m, 800m, softball throw and standing long jump.

As part of the Hershey's program, youth who record the top times or distances for the day are invited to compete at the State meet at Hayward Field. Youth from around Oregon will compete on July 2 and have the opportunity to be chosen as part of a regional team that will travel to Hershey, Pennsylvania in August to compete with youth from around the country.

If you would like more information about Hershey's track and field or would like to volunteer at the State Meet, please contact Kim McManus at 541-682-6343.

Two Big PBs Fall for OTC Elite at Pre Meet

by Becky Radliff

Russell Brown and Geena Gall may have blended into the background of a high-light-filled Prefontaine Classic June 4 at Hayward Field but the OTC Elite runners scored two big breakthroughs.

First, in the women's 800 meters, Gall came in sixth in a personal-best (PB) time of 1:59.76. The PB was huge for Gall, as she not only dipped under the two-minute barrier for the first time in her career, but she also surpassed the IAAF World Championships 'A' Standard of 1:59.80.

"This is the first time I broke two minutes and it felt great. I felt strong out there," Gall said. "I'm so happy to get it out of the way and now I've three weeks of training before USAs."

Gall's finish at Pre bodes well for her chances to make it to the World Championships when she and the rest of America's best will be back in TrackTown USA for the USA Outdoor Championships. She was the second-fastest American in a field stacked with the country's best.

In the final race of the day, Brown broke his outdoor mile PB by over five seconds in the heralded Bowerman Mile. His 3:51.45 was a nation-leading time, and despite finishing ninth in the race, Brown was the top

American miler at Pre by over two seconds.

"The race plan that I had today was to use this as a stepping stone to get ready for USAs," Brown said. "I ran 3:51, a big PR and that's great, but my primary goal was accomplished and I thought I had a little left in the tank today."



Geena Gall



Russell Brown

Ten for Track Town: Volunteer Today

OTC members are not "average" but it is startling to learn that the average American annually watches 1029 hours of television, spends 139 hours playing on the computer, and wastes 34 hours stuck in traffic. The good news is that 54.5 hours per year are spent volunteering. While 54 hours may not be practical for those with demanding jobs and small children at home, volunteering just ten hours per year for OTC would make a tremendous impact on the entire community.

Whatever activity one chooses, there are long-lasting multiplier effects on the community. Serve as a track official and help ensure that Eugene continues to host big events like the Olympic Trials, Pre Classic or NCAA meets. These meets fill local hotels, increase sales at local shops and restaurants, and provide competition for OTC Elite.

Volunteer in hospitality for these meets and chances are that an elite competitor will remember Eugene fondly and choose to relocate here and start a business.

Volunteer at the Butte to Butte or at an OTC booth selling memberships/merchandise and revenue generated allows for grants to local youth organizations.

Volunteer to help maintain Pre's Trail as the best bark running trail in the world and tourists will continue to visit and enjoy it.

**In Our August Issue:
Prefontaine Classic Wrap Up
From Tom Jordan**

Win With Integrity Visits Springfield HS

by Kim McManus

Take (1) Olympic Bronze Medalist, add (2) American Record Holders and a 4-time Olympic medalist/NBC analyst. Mix with 1000 high school students and faculty. Result – an empowering day for youth that will not be forgotten!

USATF's Win with Integrity program spent the morning before the Prefontaine Classic encouraging youth to make good choices everyday and live a life of integrity. The athletes spoke about their own experiences and times choices were difficult. They connected to the high school students on a personal level and engaged them in two 45-minute question/answer sessions.

When the athletes were asked what advice they could give to students, the resounding message was that high school is a building block to their future. The choices they make today will impact what they can do tomorrow and although the challenges of today are at times overwhelming, each of them can accomplish whatever goal they have in mind.

The sessions ended with a standing ovation from the students.



Pictured above: David Oliver (110 hurdles) , Carmen Gelman – Principal, Dafne Chambers – SHS senior and OSAA Athlete of the Meet, Natasha Hastings (400m), Kara Patterson (Javelin), Ato Boldon – NBC Analyst.

Friend Continued from Page 4

have already stepped forward with generous contributions. We previously mentioned a \$1,000 annual pledge from Wade and Marie Bell through the Oregon Community Foundation. We also have an offer from Jim and Mary Jaqua for a \$6,000 matching grant. We need your help to match these contributions so all can enjoy the best running trail in the country.

Eugene is fortunate to be hosting so many major events such as Olympic Trials, Pre Classic, USATF Championships and NCAA championships. We want to continue to provide the visitors to the area with the experience of their dreams: running on Pre's Trail. Please help OTC by becoming a Friend of Pre's Trail. Visit www.oregontrackclub.org and click on Friends of Pre's Trail link for more information. You can contribute by:

1) Make a tax-deductible cash donation to Friends of Pre's Trail. This will enable OTC to purchase equipment that will make trail

maintenance more efficient.

2) Purchase a Friends of Pre's Trail t-shirt for \$15 at an OTC Booth or on the OTC website. Proceeds from shirt sales go to trail maintenance. The shirts will be available for sale at Butte to Butte packet pick-up and All-Comers meets.

3) Volunteer to do trail maintenance such as ivy removal or shoveling bark and gravel.

4) Become a member of OTC's Pre's Trail Committee that organizes volunteers, identifies and manages partnerships and provides overall stewardship of the Trail. Contact Geoff Hughes, the chair, at geoffrey.hughes@comcast.net if interested in learning more.

The Pre's Trail Committee will provide updates in this newsletter and on the website as more information becomes available regarding fundraising, equipment purchase, and trail upgrades.

Go Green with OTC!

More of a computer junkie than a paper person? Choose to receive your monthly newsletter electronically and help save precious resources.

E-newsletter subscribers also get their newsletter days before those receiving them by mail.

Send an email to: info@oregontrackclub.org and indicate you'd like to Go Green!



P.O. Box 11364
Eugene, OR 97440

Non-Profit Organization
US Postage Paid
Eugene, OR
Permit No. 259

All Comers' Meets are Fast Approaching

OTC's All Comers' track and field meets are fast approaching and we encourage you to join the fun.

The traditional schedule continues with Wednesday evenings for ages 12 and under and Thursday evenings for ages 13 and older. We will offer ten meets over five weeks with the first week of meets (June 29th and June 30th) to be held at Hayward Field.

The meets will move to the beautiful and newly renovated facilities at Lane Community College for the remaining four weeks (July 6-7, 13-14, 20-21, 27-28) as Hayward Field is being resurfaced in preparation for the 2012 Olympic Trials.

OTC is proud to announce several new sponsorships and collaborations this year for the All Comers' series:

- Dr. W. Gray Grieve Orthodontics has agreed to a two-year sponsorship at the Silver Medal level.
- Eclectic Edge events is also a sponsor and will be providing a sound system and announcing at all of the meets.

Along with the added energy that Eclectic Edge can bring to any event, now you will be able to better hear calls for all events and have updates throughout the meet.

- KVAL Television will be producing and airing a 15-second commercial for the All Comers' meets so watch KVAL for these reminders.

- Home Federal Bank is a participant level sponsor
- Supporter level sponsorship also comes from:
Tripps, Jim Peterson
Postal Pharmacy
Cameron McCarthy Landscape and Architecture

- A donation from:
Random Lengths, Jon Anderson

Thank you to all these businesses for your support! OTC membership sign ups will be available at the All Comers' meets in person or you can beat the rush and sign up on-line. For the latest updates on the All Comers' meets, please visit our website www.oregontrackclub.org.