

## ON TRACK

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## COMING EVENTS

**Oct. 11  
RIPPLING RIVER RUN**  
5K Run/Walk, Eugene

**Oct. 18  
MONSTER DASH**  
5K Run/Walk, Eugene

**Nov. 10  
LIFEFORCE FITNESS CHALLENGE**  
5K, 10K, Kids' Run, Eugene

**Nov. 17  
EWEB RUN TO STAY WARM**  
13.1mi/10K/5K, Eugene

**Nov. 22  
THANKSGIVING DAY TURKEY STUFFER**  
5K Run/Walk, Springfield

**Dec. 8  
JINGLE BELLS RUN**  
8K / 5K, Eugene

For these and other races, visit [www.goodrace.com](http://www.goodrace.com), Willamette Valley Road Runners website: [www.wvroadrunners.org](http://www.wvroadrunners.org), Oregon Road Runners Club website: [www.orrc.net](http://www.orrc.net), and Eclectic Edge Racing website: [www.eclecticedgeracing2.com](http://www.eclecticedgeracing2.com)

## MESSAGE FROM THE PRESIDENT

It's been a busy year for track and field and I would like to thank the many volunteers and individuals who made it successful. But first I want to draw your attention to an exciting cross country season which got into full swing with the recent Bill Dellinger Invitational at Springfield Country Club. Fifteen teams from around the country participated with the Oregon teams dominating both the men's and women's competition.

We'll be able to follow the Ducks at the Pac 10 Championships in Corvallis Oct. 27 and the NCAA Regionals Nov. 10 back at Springfield Country Club. Come out and support the teams in their quest for a strong showing at the NCAA Championships.

I would like to thank William Wyckoff for putting on a very successful Butte to Butte. This was his first year as race director and he and his staff and volunteers put on great race/walk for everyone. His enthusiasm and experience putting on road races added some exciting new dimensions to the 34th running of Butte to Butte.

Because of renovation work at Hayward Field, the OTC All-comers meets moved to South Eugene High School this year. Jill Mestler and Liz James and their dedicated volunteer staff did a wonderful job of keeping this event successful. This is such a great opportunity for people of all ages to compete in track and field events. Thank you!

As many of you know, the Pre's Trail project has been a priority of the Oregon Track Club for many

years and Geoff Hughes has set a fall completion for the trail. With the help of the City's Parks and Open Spaces and many volunteers, the completion of this project is very close. Thanks to all who've donated many hours of hard labor and assistance in the way of money and equipment.

The annual Pre's Trail Restoration Run, directed by Geoff Hughes and Laura LaMena-Coll, was held Labor Day weekend and about 150 runners/walkers participated along with a number kids who did a short fun run. All proceeds go directly to Pre's Trail renovation. If you haven't run or taken a walk on the trail, I encourage you to do so. It looks great!!

Time is moving fast on the Olympic Trials. The renovation of Hayward Field is in full swing. The new configuration of the infield is evident and the track has been resurfaced, with runways still to be done. The East Grandstand received a minor face lift, the West Grandstand has some additions to the press area, and the hammer venue has been reversed, allowing for a taller bleacher at the southwest corner of the track.

If you haven't volunteered for the Olympic Trials and want to participate, go to [Eugene08.com](http://Eugene08.com) and fill out the volunteer form. It will be a great opportunity to support Oregon Track Club.

Thanks again to all the members and volunteers who help our club promote track and field. Your hard work is greatly appreciated.

*Mike Olsen, OTC President*

## TEAM XO MAKING FINAL SPONSORSHIP PUSH

Team XO is coming off a very busy summer full of planning and re-evaluating. The 2008 season will be the "last hurrah" for Team XO unless a sponsor who can support the needs of XO and its growing numbers can be found!

The team has added 10 new National Championship-qualifying athletes to its roster this fall and has swollen to more than 60 national caliber track and field athletes. Much of the summer was spent in developing a packet to send to potential sponsors, which include

businesses, both local and national.

The team is also excited about its rejuvenated women's cross country team and looks forward to sending a talented contingent to the National Club Cross Country Championships, the focal meet of the fall.

XO would like to thank SportHill, Eugene Running Company, the Oregon Track Club, Nike, and countless volunteers for their continued support. Without them, we would not have made it past the first year, much less to year six!

## BUSINESS MEMBER PROFILE

"The support the Oregon Track Club received from both the **Eugene Hilton** and **Valley River Inn** during the bid process for the Olympic Trials was critical to our success," said Barbara Kousky, one of the Project Managers for Eugene 08. The Club is grateful to both properties for their past and future efforts concerning the Olympic Trials.

The Valley River Inn, situated on the banks of the Willamette River, has welcomed guests, events and conferences for more than 34 years. The lobby with its large lumber sawblade and inviting brick fireplace certainly gives visitors a Northwest feel. All 257 guest room and 12 suites are equipped with wireless internet access and the property is 100% smoke free. As a convenience for guests, the fitness facility is open 24 hours a day. Recent renovations have included the McKenzie Ballroom, five suites, carpeting, and the concierge suites. The three large ballrooms and four river-view boardrooms have hosted many special occasions as well as business and political conferences.

SweetWaters, VRI's award-winning restaurant with its elegant riverfront setting, offers one of the most picturesque dinner surroundings in the area. The bar has five flat-screen HD TVs for entertainment. George Rogers, general manager, tells the story of Elvis Presley staying at the Inn in the mid-'70s. He ordered chicken noodle soup from room service and enjoyed it so much that he

called down and ordered a second bowl. The Valley River Inn will be the Athlete Headquarters Hotel for the 2008 Pre Classic and is the Headquarters Hotel for USA Track & Field, their sponsors, and VIPs for Eugene 08.

The Eugene Hilton and Conference Center is conveniently located in the heart of downtown Eugene. A recent \$3.5 million renovation has added wireless internet access throughout the hotel and updated the lobby, guestrooms, fitness center, restaurant, and bar which are all smoke free. With the hotel's fresh look comes a strong commitment to environmental responsibility. Eugene Hilton has applied for Green Seal Certification to become the first Green Hotel in Lane County. With the close proximity to the Hult Center, the hotel has long been supportive of the Arts in Eugene including Eugene Chamber programs, the Eugene Symphony and Opera and Broadway in Eugene. The more than 11,620 square feet of exhibit space has been a plus for many conferences. Julie Saul, director of Sales and Marketing, is serving on the committee for Athlete Hospitality and the Hilton is the Athlete Headquarters Hotel during the Olympic Trials.

Oregon Track Club applauds both the Valley River Inn and the Eugene Hilton for their long-term commitments to the Eugene – Springfield community and their support of many local organizations. Thank you!

## THANKS TO OTC BUSINESS MEMBERS!

4 x 800 Relay.org  
 ABD Insurance & Financial Services  
 Ameriprise Financial  
 AnimaLogic  
 Avalon Real Estate  
 Brown Contracting, Inc  
 Byrke O. Beller MD, LLC  
 Cambria Sportswear  
 Cameron McCarthy Gilbert & Scheibe  
 Cappers Frames & Prints, Inc.  
 Cascade Medical Associates  
 Chambers Communication Corp.  
 City of Eugene  
 Convention & Visitors Association of Lane County  
 Oregon (CVALCO)  
 Corporate Retirement Advisors  
 D2000 Safety, Inc.  
 Dave and Nancy Haverstock, RE/MAX Integrity  
 Dave Henry Real Estate Services, Inc.  
 David E. Carmichael, Attorney  
 Dive In Designs  
 Dr. W. Gray Grieve, DDS, MS  
 East 19th Street Cafe  
 Eugene Airport  
 Eugene Area Chamber of Commerce  
 Eugene Running Club  
 Eugene Running Company  
 Evans, Elder & Brown, Inc.  
 Fiddler's Green Golf Center  
 Franklin R. Lulich, CPA, P.C.  
 Garden Way Chiropractic Center  
 Geoffrey and Theresa Hughes at A.G. Edwards & Sons  
 Gerald McDonnell & Associates, Architects PC

Gill Athletics  
 Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C.  
 Hilton Eugene & Conference Center  
 Jerry's Home Improvement  
 John L. Stringer, D.D.S.  
 JoLayne McDow-RBC Dain Rauscher  
 Kalen Electric & Machinery Co., Inc.  
 Keith McConnell, PhD, ChiRunning/Walking  
 Kelly Woodke Massage Therapist  
 Ken Vendley Agency/Farmers Insurance &  
 Financial Services  
 KEZI  
 KVAL-TV  
 Lane County  
 Lane Regional Air Pollution Authority  
 Let's Move Fitness, LCC  
 Lile/Eugene Moving & Storage  
 Locklear Leatherworks, LLC  
 Market of Choice  
 Mike Fanelli  
 National Fire Fighter  
 Olson & Morris  
 On Track  
 Onsen Spa Rental, Inc.  
 Oregon Research Institute  
 Orthopedic Healthcare NW  
 Orton Consulting Group, Inc.  
 Pacific Benefit Planners  
 Pacific Continental Bank  
 Pacific Headwear, Inc.  
 Pepsi-Cola Bottling Company of Eugene  
 Prichard Partners, Inc.  
 Quantum Recruiters, Inc.

Random Lengths  
 Rexus, Inc.  
 Runnin' Wild  
 SightLine LLC Professional Real Estate Inspections  
 Smith & Crakes Insurance  
 SportHill, Inc.  
 Springfield Chamber of Commerce  
 Sterling Savings Bank  
 The Carpet Company  
 The Erwin Martin Rexus Group at Smith Barney  
 The Eugene Marathon  
 The Hatton Home Team - Bend Real Estate  
 The Innovative Print Group, Inc.  
 The Nike Store  
 Timber Products Company  
 Todd Bosworth, 2nd VP Investments, Smith Barney  
 Tom's Market & Deli  
 Trips, Inc.  
 Trisha Kluge, LMT  
 Tyree Oil, Inc.  
 University of Oregon Bookstore  
 Urology Healthcare  
 Valley River Inn  
 Wildish Land Company  
 World Wheelchair Sports

*Business memberships are \$100 per year, include a family membership, and include:*

- Business listing in the Prefontaine Classic program
- Listing in Oregon Track Club newsletters
- Listing and link on the OTC website
- Listing in OTC Membership Roster, sent to all OTC members

Applications at [www.oregontrackclub.org](http://www.oregontrackclub.org)

## NICK SYMMONDS AND TOM BROOKS COMPETE IN OSAKA

The Oregon Track Club Elite team had a busy summer with many athletes traveling to Europe. But the end of the first year of OTC Elite was undoubtedly highlighted by the appearance of two of its athletes, Nick Symmonds and Tom Brooks, at the World Championships in Osaka, Japan.

Symmonds entered the championships coming off a stellar season highlighted by his win in the 800 against a world-class field at the Prefontaine Classic. Nick successfully advanced out of the first round in Osaka, but ran into a loaded semi-final field that included eventual World Champion Gary Reed. Symmonds went on to have a successful European campaign and looks forward to next year's Olympic possibilities.

Tom Brooks, also in his first World Championships appearance found himself in wonderful position in the midst of a thick pack of runners midway through the preliminary heat of the steeplechase



Nick Symmonds



Tom Brooks

in Osaka. Tragedy struck, however, as Austrian champion Günther Weidlinger stumbled before a barrier and crashed face first into it, leaving Brooks in position only to dive over both the Austrian and the barrier altogether. Landing on his seat, Brooks rose immediately to continue the race, but was unable to regain the momentum he had carried to that point. "I am very disappointed and frustrated in how my race went," said a down-but-never-out Brooks, "but it's

just more motivation in training for next year."

This fall brings a fresh crop of talent to the Oregon Track Club Elite team. The American Collegiate Record holder in the 1000 meters, Christian Smith, is among them, as are Tim Ramirez (800), Dustin Emrani (800, 1500), Will Leer (1500), and Michael Nicks (steeple). The group is looking forward to a great fall of training as they prepare for the 2008 Olympic year.

## HAPPY TRAILS: PRE'S TRAIL UPDATE

It is hard to believe but after seven years of time and five years of our concentrated efforts, we are nearing the completion of the restoration of the Steve Prefontaine Memorial Running Trail. On Friday, September the 28th at 5:30 pm, we finished the last major renovation to the trail by widening a 1000 foot section south of the Science Factory. All major restoration of the trail bed is complete! Hooray! It was none too soon as the rains have come early this year. We'll top the sections we recently restored with 3 inches of bark by the middle of October. I'll report on the remaining details of the project as they are finished over the next few months.

For now, I invite you to join me in giving special recognition to our regular crew members who were on the job Sept. 28 for the last section of renovation. The weather was miserable, wet, and cold, with long periods of pea-size hail. Lightning made sitting on a large metal roller a little dangerous. On top of that, the activities of "ESPN Game Day" snarled traffic in and around Alton Baker Park. It took some creativity to move equipment and deliver material to a determined crew. I want to give special thanks to Friday's crew – Bill Brigmon, Terry Cannon, Tom Dickason, Harvey Lewellen, and Chuck Turner – for persevering through an especially tough assignment to the end. And to our other dedicated regulars who happened to miss the weather on Friday – Dave O'Brien, Wally Hensley, Tom Heinonen, and Craig Merkel.

I want to welcome Wildish Construction as a new partner. When Wildish saw the scope and quality of the project, they didn't hesitate to commit to a considerable donation of manpower and equipment to grade the 1/4 mile of trail along the canal and the pond at the Yellow Loop to the end of the Yellow Red Connector. They did a great job!

I also want to acknowledge Peterson Cat and Machinery for the generous donation of their equipment for all our construction work

over the last two plus years! Truly, this project would not have been possible without them. Thank you Rich Bolen, general manager – and trail volunteer.

Though our construction work is complete, there are a few remaining details. These items should all be done, including new signage, by Spring. For now we are on time and on budget.

### **Since the last report here is what was completed:**

#### **Green Loop**

- Widen trail along the Science Factory 1000 feet.
- Restoration Complete

#### **Yellow Loop**

- Grade and level north roadbed
- Trim and remove overhang in filbert trees on south side.
- Restoration Complete

#### **Red/ Yellow Connector**

- Grade and level roadbed
- Install new drainpipe
- Open French Drain along south side

#### **Red Loop**

- Widen 1000 feet south and west end
- Widen 300 feet east end of riverside trail
- Restore 2700 feet south riverside trail, done by contract through Parks and Open Spaces
- New section 150 feet over Knickerbocker Bridge path, done by contract through Parks and Open Spaces
- Restore 950 feet northeast canal side, done by contract through Parks and Open Spaces

#### **OTC Restoration Complete**

Remaining details to be completed by Eugene Parks and Open Spaces

*Geoff Hughes*

## WOMEN LOOK TO CAPITALIZE ON GREAT TALENT AND NEW DEPTH

Featuring an outstanding recruiting class for the second year in a row and returners with international experience, the women's cross country team looks to make a splash in the Pac-10 and the NCAA West Region this year.

The roster includes the top freshmen in the 2007 NCAA 5,000 meters and 10,000 meters, a former national prep 2-mile champion, a former Nike Team Nationals champion, the national prep record-holder in the 1,600 meters, and a member of the 2006 All-Pac10 Cross Country team.

With only two seniors on the team (Sarah Pearson and Emily Mathis), the Ducks hope to capitalize on the championship experience of sophomores Nicole Blood and Bria Wetsch, redshirt freshman Keara Sammons, and junior Zoe Nelson, while continuing to build a base for future success.



Zoe Nelson and Elizabeth Bies from the Sunriver Open, Saturday, Sept. 20.

In 2007, Blood won titles in the 3,000 meters at the USA Junior and Pan American Junior Championships and was the top freshman at the NCAA Championships in the 5,000 meters.

Sammons was the top freshman in the 10,000 meters at the NCAA Championships, after racing to a provisional qualifying time for the Olympic Trials in 33:54.55. Her time moved her to sixth all-time for the University of Oregon.

The national prep 2-mile champion as a senior, Wetsch finished second for the Ducks in both her cross country races in 2006 – the Pac-10 and NCAA West Region Championships.

Other returners include junior Zoe Nelson (2006 Pac-10 Second Team selection), senior Sarah Pearson (Pac-10 scorer), freshman Zoe Buckman (NCAA qualifier in the 800 meters), redshirt senior Emily Mathis, sophomores Berkeley Aldinger-Gibson and Lauren Zaludek, and redshirt freshman Erin Lewis.

Four top freshman, seasoned competitors at the national and state levels, will give the Ducks more depth than they have had in several years.

As a high school junior, Betsy Bies was the Nike Team Nationals champion and she twice finished in the top 12 at the Foot Locker Championships. This spring, two-time Foot Locker Championships qualifier Alex Kosinski made headlines by breaking the national prep federation record for the 1,600 meters. Duck fans will also see two additions from the state of Oregon—Hayley Belli (second in the Oregon state cross country meet) and Claire Michel (state 3,000 meter champion).

## DUCKS HOST NCAA WEST REGION CHAMPIONSHIPS NOV. 10

Teams from across the west will return for the NCAA West Region Championships on Saturday, Nov. 10, to chase a spot in the NCAA Championships. Also, the 2007 Pac-10 Championships will be held in Corvallis on Saturday, Oct. 27. Visit [GoDucks.com](http://GoDucks.com) for more information.



Matthew Dettman, Scott Wall, Jonathan Thomas, Daniel Mercado, A.J. Acosta, Eric Dettman (L-R), at the Sunriver Open, Saturday, Sept. 20.

## MEN AIM TO CHALLENGE FOR PAC-10, NCAA TROPHIES

With the 2006 Pac-10 Cross Country Athlete of the Year, Newcomer of the Year, and Coach of the Year, and all but one scorer from last year's Pac-10 Championship team returning, the men's squad will again look to challenge for the Pac-10 title. This season, however, the team won't be stepping to the starting line as an underdog.

Last year's surprise upset showcased a relatively young squad pitted against some of the nation's top teams (six of the eight Pac-10 teams ultimately advanced to the NCAA Championships). Unintimidated, the Ducks aggressively raced for the win, overtaking the favorite Stanford in the final kilometer to win by five points.

Oregon went on to dominate the NCAA West Region Championships and finish fifth in the country, with two All-Americans.

The team's strong showing in 2006, in combination with outstanding track performances for the returners and another year of recruiting the best athletes in the country, makes it unlikely the Ducks will fly below the radar in 2007.

Armed with a potent mix of elite returners and newcomers, Oregon will continue to showcase the bold, confident racing style that has characterized the team for decades.

This spring, junior Galen Rupp raced into the history books with the American collegiate record in the 10,000 meters and will join the cross country team after representing the United States at the IAAF World Championships in Osaka. Last year, he added a total of four more All-

*Continued on page 5*

## 2007 CROSS COUNTRY SCHEDULE

Please check [GoDucks.com](http://GoDucks.com) for schedule updates.

### October

- 20 Beaver Classic 9:45 a.m. (Avery Park, Corvallis)
- 27 Pacific-10 Championships 9:30 a.m.  
(Trysting Tree Golf Course, Corvallis)

### November

- 10 NCAA West Region Championships, 11:00 a.m.  
(Springfield Country Club)
- 19 NCAA Championships 12:15 p.m. (Terre Haute, Ind.)

## THE WHOLE WORLD IS WATCHING: OLYMPIC TRIALS ARE COMING

If you attended the Cal football game on September 29, you got the message: The Whole World is Watching Eugene as it hosts the 2008 U.S. Olympic Team Trials – Track & Field, June 27-July 6, 2008.

For 10 days, the Olympic spirit will fill Hayward Field, the University of Oregon, Eugene, Springfield, Lane County, and Oregon when 1,000 top track and field athletes compete for the opportunity to represent the United States at the 2008 Summer Olympics in Beijing.

More than 900 members of the media from around the world will come to cover the event. Tens of thousands of spectators will come to share the drama and experience a world-class atmosphere at both the competition and in the adjacent Eugene 08 Festival.

With the eyes of the world upon us, Eugene will be a household name for 10 days. What we make of this event is up to us. Let's make Eugene Track Town, U.S.A. Forever.

The Oregon Track Club, the University of Oregon, and many community partners are working together to make the most of this opportunity. With a competition that's sure to be sold out and of the highest caliber, the focus is on making the adjacent Eugene 08 Festival, community logistics and hospitality the best that they can be. In fact, the overarching goal for Eugene 08 is to host the best ever U.S. Olympic Trials.

The Eugene 08 Festival, on the turf fields next to Hayward, will simulcast the Olympic Trials competition in real time, with no entry ticket required to be part of the action. Interactive displays and exhibits will inform, entertain, and engage attendees. With live entertainment programmed around the competition, plenty of retail, food and beverage, and interactive programming for all ages, the Eugene 08 Festival will be a fun experience for the whole family.

The Eugene 08 Festival is also an important opportunity for us to make a statement. About our quality of life. Our relationship with



Eugene 08 website features videos and updated information.

track & field, sports, and outdoor recreation. Our cultural offerings. Our incredible University. Our world-famous Oregon-based companies and business investment opportunities. Our relative place in the world.

If you are not yet involved in Eugene 08 as a financial partner or volunteer, you might think about how to make the most of this opportunity for yourself, your business, and the community. Visit Eugene08.com and help us establish Eugene as Track Town, U.S.A. Forever.

*Kari Westlund, President & CEO  
Convention & Visitors Association of Lane County Oregon/CVALCO*

### Men's Cross Country 2007

*Continued from page 4*

America certificates to his collection.

Cross country All-Americans redshirt junior Shadrack Kiptoo-Biwott (2004) and sophomore Diego Mercado (2006) hope to carry the momentum of last year into the fall. Kiptoo-Biwott ran a personal best this spring in the 10,000 meters and finished ninth at NCAAs at that distance while Mercado was named the Pac-10 Newcomer of the Year in cross country. Another All-American, redshirt freshman A.J. Acosta, earned his award in the indoor mile this winter, qualified for the NCAA outdoors, and won the US Junior 1,500 meters title for a second time.

Additional experience and depth will come from sophomore Kenny Klotz (US Junior and Pan American Junior 10,000 meter champion), redshirt senior Michael McGrath (NCAA competitor in indoor and outdoor track), redshirt senior Carlos Trujillo (member of the Pac-10 championship team), junior Scott Wall (winner of the 5,000 meters at Penn Relays), senior James Withers, redshirt sophomore Jon Thomas, redshirt freshman Andrew Wheating, sophomore Isaac Stoutenburgh, and redshirt freshmen Daniel Mercado, Eric and Matt Dettman.

The newest additions to the team— graduate student Joaquin

Chapa and freshmen Matthew Centrowitz, Chad Hall, and Chris Kwiatkowski—continue Oregon's tradition of attracting top talent.

Centrowitz, son of Matt Centrowitz '78, ran the third-fastest prep 2-mile time ever and won the Pan American Junior title in the 1,500 meters. Hall was the 2006 Foot Locker National Champion in cross country and was a two-time California state runner-up in the 3,200 meters. Chapa, son of Rudy Chapa '81, was an All-American for Stanford University and transferred to Oregon in the spring. Kwiatkowski was the Washington state cross country runner-up and placed top-25 in the Border Clash.

*UO Cross Country photos by Geoff Thurner © 2007*

*Articles courtesy of Colleen Wrenn, Friends of Oregon Track and Field newsletter. Friends of Oregon Track and Field is an annual giving program dedicated to providing supplemental support for the track and field program. Contributions via check or credit card are accepted and greatly appreciated. To participate, please contact Friends of Oregon Track and Field 2727 Leo Harris Parkway, Eugene, 97405, (541) 346-2260, fax (541) 346-5243. Visit GoDucks.com for the latest University of Oregon news and results.*

**We're on the Web!**  
**oregontrackclub.org**

**OREGON TRACK CLUB**



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## **INTERESTED IN NEW UNIFORMS?**

Nike is just about ready to supply OTC with new singlets, shorts, and warm-ups that may be available soon at a local running store. If you think you might be interested, please email which items you may want as well as size and gender to [larrynorris4@gmail.com](mailto:larrynorris4@gmail.com).

At this time, we don't know prices and it might be important to keep in mind that some of the clothing we have received from Nike has been on the *large* side! These uniforms are probably similar to those worn by OTC Elite members.

*Larry Norris*

## **ALL-COMERS MEETS A SUCCESS; RETURN TO HAYWARD IN 2008**

The long-standing tradition of All-Comers' track meets successfully continued this past summer. Renovations to Hayward Field required a temporary change in venue but the usual all-comers' fun and excitement followed to South Eugene High School. Our staff of more than 50 different volunteers each week did an amazing job. Many volunteers worked all 10 meets! Thank you to all!

Also, a big thank you to South Eugene High School for use of the facilities and equipment. We plan to continue with OTC/KEZI-9 All-Comers' full schedule of events at Hayward Field next summer so plan to come and enjoy competing, watching, and/or volunteering. The exciting action of Eugene 08 will require a few changes in our traditional dates, so watch the OTC newsletter or website for emerging details, dates and schedule later this spring.

## **BECOME A MEMBER OF THE OREGON TRACK CLUB**

Help your community stay on track by becoming a member of the Oregon Track Club. Regular memberships are \$25 for individuals, or \$35 for couples and families with up to two kids. Benefits include quarterly newsletters, free lunch at UO meets, annual pizza dinner with program, and discounts at participating area merchants and at Oregon Track Club events, such as the Butte to Butte.

Masters memberships are available for those ages 30 and

older, \$30 for individuals and \$45 for couples or families. Masters memberships include regular OTC member benefits plus a monthly Masters newsletter, regular meetings, and social events.

Junior memberships, available for kids 18 and under, cost \$20 per year and include a free t-shirt and free admission to OTC All-Comers' Meets.

Application forms are available at [www.oregontrackclub.org](http://www.oregontrackclub.org).

*Thanks to: Janet and Tom Heinonen, Mike Olsen, Jenny Rexius, Ross Krempley, Jill Mestler, Therese & Geoff Hughes, Colleen Wrenn, Geoff Thurner, Larry Norris, Julie Saul, Kari Westlund, and Sandy Pashkin for contributing to this issue. Any comments regarding this newsletter, please contact Jennifer Touchette at [jtouchette@clearwire.net](mailto:jtouchette@clearwire.net).*