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## Grassroots Grant Applications Now Available

The club's annual application process is now underway.

The grant program aims to support youth and developmental track and field and running organizations in the greater Eugene and Springfield area where the Oregon Track Club was founded in 1958. The club gives consideration to grant requests from the greater Eugene and Springfield area.

For more information and to access the application, visit [www.oregontrackclub.org](http://www.oregontrackclub.org).

Applications are due no later than September 30, 2011.

## Go Green with OTC!

More of a computer junkie than a paper person? Choose to receive your monthly newsletter electronically and help save precious resources.

E-newsletter subscribers also get their newsletter days before those receiving them by mail. Send an email to: [info@oregontrackclub.org](mailto:info@oregontrackclub.org) and indicate you'd like to Go Green!

## A Salute to Our Busy Officials

by Celeste Kuta

Ten separate events, 17 days and 120 hours of competition, 250 different officials, 1,080 meals, and more than 10,000 manhours. These are the 2011 numbers for officials helping track meets run smoothly at Hayward Field. Amazingly, these ten competitions were held in just 14 weeks between March and June. And the foundation of this all-volunteer effort is provided by Oregon Track Club.

Not all officials working at Hayward Field belong to OTC, but the club has a committee to train new officials and coordinates with the Oregon Association of USA Track and Field (USATF) to qualify and certify people as officials. Under the able leadership of Ed Kousky we also feed meet personnel at most meets and purchase technological equipment like finish line cameras and electronic measuring devices to help run track meets more efficiently.

Most season ticket holders are aware



Thanks to volunteer officials, events at Hayward run smoothly.

of the four home UO track meets held this year, the NCAA Western Preliminary Rounds that qualified many UO athletes for the NCAA Championships in Des Moines, Iowa, the Prefontaine Classic, and the USA Outdoor National Championships. In addition to these meets our local officials also worked the Hayward Classic, an OTC masters event with athletes between 30-90 years old, the OSAA 4A, 5A and 6A State High School meet, and the Nike High School Team Championships. The fact that so many competitions can be held in such a short time frame and

Continued on Page 5

## Interested in Becoming an Official?

by Celeste Kuta

What is required to become a UO/OTC official? The quick answer is you need to show an interest and make yourself available. While many officials spend much of their spring free time working various meets, others make a more limited commitment. Typical UO track meets require about 160 officials.

Our list of volunteers numbers 250 because everyone isn't able to work every week or every meet. Other valuable attributes are a willingness to:

- Learn the rules of individual events.
- Work outdoors in all kinds of weather.
- Arrive on time attired in appropriate

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## Business Members

Adult Living Solutions  
 Axis Physical Therapy & Rehab., Inc.  
 Baden & Company  
 Bayberry Salon  
 Best Westerns of Eugene  
 Bob Heitstuman Construction  
 Brown Contracting, Inc.  
 Byrke Beller MD, - Pacific Women's Ctr  
 Cameron McCarthy Landscape  
 Architects and Planners  
 Cascade Dermatology  
 Chambers Communication Corp.  
 Chambers Construction Company  
 Chvatal Orthodontics  
 Clinic of Natural Medicine  
 Comfort Suites Eugene  
 Competition Not Conflict  
 Cooperative Performance & Rehab, LLC  
 Core Strength Chiropractic  
 Curtis Restaurant Equipment  
 Custom Orthotics  
 D2000 Safety, Inc.  
 Dave & Nancy Haverstock  
 "Mr. & Mrs. Real Estate"  
 Dave Henry Real Estate Services, Inc.  
 David E. Carmichael, Attorney  
 Dr. W. Gray Grieve Orthodontics  
 Dunes Family Health Care  
 Eclectic Edge Racing  
 Eugene Airport  
 Eugene Area Chamber of Commerce  
 Eugene City Brewery  
 Eugene Hilton Hotel and  
 Conference Center  
 Eugene Physical Therapy, LLC  
 Eugene Running Club  
 Eugene Running Company  
 Eugene Wellness Center  
 European Touch Painting Co  
 Evans Elder & Brown, Inc.  
 Family Dentistry of Dr. Lonn Robertson  
 Fiddler's Green Golf Center  
 Fitness Link, Inc.  
 Franklin R. Lulich, CPA, P.C.  
 Garden Way Chiropractic Center  
 Geoff & Therese Hughes at  
 Wells Fargo Advisors  
 Gleaves Swearingen Potter & Scott LLP  
 Glenwood Restaurants, Inc.  
 Gorilla Capital  
 Granary Pizza Co.  
 Handy Ed Construction  
 Heart and Home Real Estate  
 Home Federal Bank  
 Hoodoo Recreation  
 Hutchinson, Cox, Coons, DuPriest,  
 Orr & Sherlock, P.C.  
 Imagine Group  
 John L. Stringer D.D.S.  
 Jones and Roth, CPAs and  
 Business Advisors  
 Kalen Electric & Machinery Co. Inc.

## Business Member Snapshots

### Bayberry Salon

The Bayberry Salon is a full service salon offering a variety of services from hair designs and restoration to wax treatments and manicures that are designed to put your body, mind and soul at ease.

The Salon provides only the finest hair, nail and skin product and equipment to achieve the healthiest results in the salon and at home. Their highly trained technicians continue their education on a regular basis to ensure that the Salon's services are contemporary, careful and considerate to individual needs.

Bayberry's menu of services is impressive: Custom Hair Design, Personalized Color, Hair Retexturizing, Hair Health, Waxing Services, and care for Hands and Feet.

For more information: 541-485-8331, [info@bayberrysalon.com](mailto:info@bayberrysalon.com) or visit the Salon website: [www.bayberrysalon.com](http://www.bayberrysalon.com).

### Curtis Restaurant Equipment

Curtis Restaurant Equipment is a full service foodservice dealer dedicated to providing high quality design, products and installation. They carry all major brands of equipment and supply items in extensive inventories.

Curtis offers customers a full range of services including restaurant layout/design/engineering, project management, installation and delivery. Their professional design staff has more than 40 years of layout and design experience. In addition, Curtis provides equipment, supplies, furnishings, custom stainless steel and mill-work products.

The company was founded in 1963 and currently has locations in Springfield, Medford, Bend, Portland metro, and central Michigan. Their locations in Springfield and Medford have large showrooms and are open to the public from 8 am to 5 pm, Monday through Friday. The Springfield show-

room is located at 555 Shelley Street and offers retail kitchen products.

For more information: 541-746-7480 or 800-422-7818. Visit the Curtis website: [www.curtisresteq.com](http://www.curtisresteq.com).

### World Wheelchair Sports

World Wheelchair Sports (WWS) is a non-profit organization based in Eugene, Oregon. The mission of WWS is to help those with mobility impairments discover independence by providing outdoor recreational experiences and competitive athletic opportunities.

World Wheelchair Sports is founded, organized and run by people with disabilities. Organization programs have included wheelchair competitions (such as the wheelchair events at the Prefontaine Classic, the 2008 U.S. Olympic Track & Field Trials and the annual Oregon Wheelchair Track Championships), racing camps, fitness clinics, outdoor adventures, sports expos and junior sport camps. WWS also offers a sailing program for the disabled.

The WWS athletics program has produced many Olympic & Paralympic medalists and numerous world and national records. A statewide equipment pool has been established by World Wheelchair Sports to provide sport wheelchairs to students participating on the team of their school.

For more information: 541-485-1860 or [wwscoach@mac.com](mailto:wwscoach@mac.com). Visit the WWS website: [www.worldwheelchairsports.com](http://www.worldwheelchairsports.com).

### Summer Office Hours Flex

During the summer, the OTC office and administrator will be operating on flexible hours. If you require assistance, such as purchasing merchandise or picking up membership cards and bags, please email to make an appointment at [otceugene@gmail.com](mailto:otceugene@gmail.com).

# President's Perusings: OTC Committees

by Kari Westlund

August. For active Oregon Track Club volunteers and officials, that's AAAHHHGGUST. A one-month rest between the busy-ness of spring collegiate track, summer post-collegiate track, the Prefontaine Classic, All Comers, Butte to Butte and then fall cross country season. Each season, event, and program has its own rhythm and rewards.



**Oregon Track Club Events** is a component of the Club that is focused on the production of the major post collegiate track meets. Under the direction of OTC board members Vin Lananna and Greg Erwin, the OTC Events staff team is comprised of Sam Lapray, Rob Vermillion, Becky Radliff, Kris Redmond, Cyrus Hostetler, and Rita Radositz. These professionals form the core project management team that produced the 2011 USATF Championships and will produce next year's Olympic Team Trials - Track & Field, TrackTown12.

Oregon Track Club itself is directed by a 45-member board, which contracts with a very part-time administrator, Liz James, to deliver a host of community-based programs using volunteers and individual contractors.

**Officials** is a volunteer OTC committee chaired by Dennis Olafson, which works with the University of Oregon on the coordination and training of track officials who volunteer at the collegiate and post-collegiate meets for track and cross country. We have a large core of local officials who donate dozens and dozens of hours at Hayward Field and cross country locales each year. Read more about them in this month's newsletter.

OTC's **Hospitality** Committee is chaired by Ed Kousky, and ensures the feeding of officials at meets as well as coordinating the OTC Annual Dinner each February and our re-

cently added OTC Member Event at the Pepsi Meet.

**Prefontaine Classic** is an OTC-owned event which, with the sponsorship and oversight of Nike, has grown into the premiere annual US-based international track & field meet. OTC owns the event, and Nike produces the event for OTC.

**All Comers** is an OTC-owned event which is produced under contract by Jill Mestler and Liz James. OTC volunteers by the dozen are needed to make this popular all-ages format work, and it operates over five successive Wednesdays and Thursdays, beginning the last week of June, with Wednesday events for ages 12 and under and Thursday events for ages 13 and up. This year we were at our traditional event location of Hayward Field for week one and then at Lane Community College's new track for weeks two through five.

**The Aquafina Butte to Butte** is an OTC-owned event that is produced under contract by Eclectic Edge Events. Hundreds of volunteers participate in making this very popular community event run smoothly each July 4.

**OTC Monthly Runs** are produced by OTC's Runners Outreach Committee, chaired by Todd Bosworth, with sponsorship support from Eugene Running Company, Nike Running, Eclectic Edge Events and Pepsi.

The **Pre's Trail Cross Country Challenge**, an October running event, is a fundraiser for maintenance of Pre's Trail and is produced by OTC's Pre's Trail Committee, chaired by Geoff Hughes, with timing and announcing support from Eclectic Edge Events.

OTC's **Grassroots Grants** Committee is chaired by Liz James. **Youth** Committee is chaired by Kim McManus. Our **Equipment** Committee is chaired by Jerry Jackson. **Finance** is chaired by Christina Newland, and **Bylaws** is chaired by Becky Sisley. **Marketing** is chaired by Jim Williams, and **Member-**

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## Business Members

- Kathleen Dugan LMT
- Kernutt Stokes LLP
- KEZI 9 News
- Lane Regional Air Protection Agency
- Let's Move Fitness, LCC
- Lile/Eugene Moving & Storage
- Locklear Leatherworks LLC
- Mike Fanelli
- National CineMedia
- National Fire Fighter
- Neurospine Institute
- Newman's Fish Company
- Oakway Catering
- On Track
- Oregon Research Institute
- Oslund Design
- Pacific Continental Bank
- Paul Davis Emergency Services
- Pepsi-Cola Bottling Company of Eugene
- Postal Pharmacy
- Prichard Partners, Inc.
- Random Lengths
- RBC Wealth Management,  
Todd G. Bosworth
- RedWood TCM
- Rexius
- Ron K. Ewert, DDS, PC
- Run Momma Run
- Runnin' Wild
- Sapient Private Wealth  
Management Company
- Sightline Property Inspections
- Slocum Orthopedics, PC
- SportHill
- SportsOne, Inc.
- Springfield Area Chamber of Commerce
- The Carpet Company
- The Eugene Marathon
- The Long Run Picture Company
- The Nike Store
- The Original Pancake House
- Timbers Motel
- Track City Track Club
- Track Town Massage Therapy
- Tracktown Photo
- Tracktownsoftware.com
- Travel Lane County - Eugene,  
Cascades & Coast
- Trips, Inc.
- Trisha Kluge, LMT
- Tyree Oil, Inc.
- Univera, Molly England
- University of Oregon Bookstore/  
The Duck Store
- Valley River Inn
- Vox Public Relations Public Affairs
- W. Michael Keller Realty of Spokane, WA
- West Eugene Heated Storage
- Wildish Land Company
- William P. Maier, MD PC
- World Wheelchair Sports



Steve Smith with Ashton Eaton at this year's Oregon Relays.

## Reach Track Town Audience with OTC Newsletter Advertising

No one reaches the local Track & Field and Road Racing audiences like the Oregon Track Club.

OTC is now offering paid advertising space in our monthly newsletter. The newsletter is distributed to more than 700 individuals, families and businesses. Another 180 choose to have theirs distributed electronically. Our newsletter is viewed online by out-of-town and out-of-state website visitors each month.

Currently OTC is offering two advertising options. The advertiser supplies the artwork:

- Eighth of a page (1 ¾ x 4 ½) for \$35.
- Quarter of a page (3 ½ x 4 ½) for \$65.

Your ad will be published in both the digital and print versions of the newsletter.

The digital version is posted on the OTC website and is available for viewing or download by members and non-members.

Contact the OTC office for submission details: [otceugene@gmail.com](mailto:otceugene@gmail.com) or call 541-343-7247.

# Meet Steve Smith, Passionate Official

by Celeste Kuta

Steve Smith is one of about 250 volunteer officials working with OTC. Steve lives just south of Salem in Jefferson, Oregon and officiates both at Hayward Field (U of O meets, USATF meets, Pre Classic, OSAA Championships) and at Willamette University. Steve ran the 800m/mile in high school in Albany but running was a way to keep in shape for other passions like martial arts, junior rodeo, or motorcycle racing. Running and T&F became Steve's main passion when he helped open a Phidippides running store in Salem in the early '80s and also founded the Phidippides Running Club in Salem (now part of Willamette Valley Road Runners). This enabled Steve to gain valuable experience organizing road races, x-country races and track meets. The store has since closed but Steve's passion for T&F remains with OTC and Track Town benefitting greatly.

**It's official:** Steve tried officiating about 7 years ago at the urging of a business colleague, Mike Olsen, also past OTC President. Steve says that new officials are encouraged to look around and try different events and roles until finding one that excites them based on skills, interest, or available time. Steve settled on the hammer throw as his primary event though he also officiates shot put, javelin, discus, and serves as a marshal (marshals provide safety support for a meet by making sure courses are clear for athletes, cameramen, and others on the field). Steve likes that OTC provided top-notch support to help get his initial certificate as a general associate as well as national certification. Since Steve lives outside of the Eugene metro area, he also appreciates that housing is provided for some multi-day events. During the recent USATF Championships, Steve enjoyed the convenience of staying in a UO sorority.

**Hammertime:** A hammer competition can require 1.5-2 hours officiating. The officiating crew consists of ring judges who ensure throws are legal within sector lines, and officials who mark a throw, measure a throw (using electronic equipment), and bring the hammer back. A hammer weighs 16 lbs and leaves a good mark when landing in the grass so officials prevent any future confusion by smoothing out the mark when retrieving the hammer. To stay fresh, officials rotate among the positions. Not surprisingly, Steve's favorite meet that he has officiated is the 2010 Pre Classic which included the 5 longest hammer throws by women on US soil!

**Staying with it:** Steve says that once people try officiating they are hooked. For him, officiating is a continuation of the excitement he found in starting in a running store and club. He loves being around the athletes, staying in contact with the sport, and helping maintain the legacy of Track Town USA. He encourages those who might be interested to contact OTC about helping out at some meets because it will provide a good snapshot of what's involved. There is a huge need for officials, from local high school track meets to All-Comers meets to World Class events like the Pre Classic. Steve's advice is to not feel that one has to make a huge time commitment to do all of these meets and to not be afraid to start small with just a few meets. It will make a big difference and allow many to share in the excitement.

**Beyond officiating:** Even though Steve officiates meets in Salem and Eugene, he still has time for a full-time job and to pursue other passions. These include fly-fishing trips to Alaska and month-long hiking adventures in Europe with long-time friends. He is currently planning a Swiss Alps hiking trip and saw the first major international meet, in which Nick Symmonds participated, in Rome several years ago while hiking around Italy.



# OTC Masters

Oregon Track Club Masters

August 2011

## President's Column

by Shivaun Black, OTCM President

Speaking at our June Social and Presentation Joe Henderson gave a talk that was largely autobiographical, anecdotal and amusing on the surface but had deeper messages about community, friendship, giving and getting involved that were deeply inspiring to me.



Writing is a solitary profession and Joe spoke of living in Eugene for a decade, but not really feeling at home here until he became involved with the larger community through teaching a running class at the U of O.

Though I don't have Joe's mastery of words to inspire you with, I would still like to encourage those of you who have been considering becoming more involved with OTC/OTCM either through volunteering or attending events to join in the fun.

*Oregon Track Club Masters* presents  
**Sunday, Sept. 25th**

**Fall Celebration**  
**8K Run, 5K Run, 5K Walk**  
**Kid's Half Mile Fun Run**

Oregon Track Club Masters will be putting on the 2011 edition of the Fall Celebration Run on Sunday, September 25 at 9:00 am.

This annual event will once again be held on bike trails near Pre's Trail and on both sides of the scenic Willamette River. Entrants can choose the 8K Run, the 5K Run or the 5K Walk, all of which will start at 9 AM near the picnic shelters near the parking area in Alton Baker Park.

### **New This Year - Age-Graded Results**

In addition to our regular results and awards, the 8K and 5K runs will be providing age-graded results, which adjust your time based on tables created to take into account your age.

We also will again put on a Kid's Half Mile Run for kids 12 and younger starting at 9:45 am. Bring the family and

*Continued on next page*

## Aug. Birthdays

1	Dale Bachman	65-69
2	Geoffrey Hughes	65-69
2	Carol Johnson	55-59
4	Steve Smith	55-59
4	Judith Brower	55-59
5	Jeff Kirchner	50-54
5	Tom Atkins	40-44
7	Michael Lebowitz	65-69
9	Joyce Eltz	65-69
9	Foloi Poasa	60-64
11	Steve Prince	50-54
12	Susan Long	60-64
14	Thomas Kreuzpeintner	45-49
15	Shelly Bosworth	35-39
15	Joshua Gordon	35-39
15	Bill Newland	30-34
17	Dennis Drost	60-64
17	Jeff Wiencek	50-54
21	Martha Hough	55-59
22	Dean Inouye	45-49
26	Jim Long	65-69
27	Lew Thorne	70-74
28	Scott Bliss	40-44
29	Richard Reske	85-89
29	Alvin Hanks	65-69
30	Barbara Gunn	60-64
30	Kara Freske	45-49

## Fall Celebration Run, continued

enjoy this fun event together!

You don't have to be a member of the Oregon Track Club to enter this event, but OTC and OTC Masters members will receive a \$5 discount for entry fees in the 8K Run and 5K Run and Walk.

**Date:** Sunday, September 25, 2011

**Time:** The 8K Run and the 5K Run and Walk start at 9:00 am. The Kid's 1/2 mile run starts at 9:45.

# OTCM Pizza Party

## Track Town Pizza

Thursday September 15th

6 PM - 8 PM

### Who

#### OTCM

Buy the pizzas

#### You

Buy your own beverages

### Where

Track Town Pizza on Franklin Blvd, Eugene  
across from Matthew Knight basketball Arena

### When

6 PM to 8 PM Thursday, September 15th



Meet fellow OTCMasters members in a casual setting; bring along prospective new members.

Enjoy Track Town's track-themed pizzas such as the "100 yard dash" – we feature a wide range of flavors from vegetarian Pole Vault to the Canadian bacon-themed Track and Field combo and many more.

It's a great way to meet fellow members and recall the recent USATF Nationals, reflect on the Daegu World Athletic games, look ahead to the Olympic Trials,

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**Where:** All races start near the picnic shelters in Alton Baker Park in Eugene, Oregon.

**Courses:** The 8K Run (4.97 miles) and the 5K Run and Walk (3.1 miles) are on flat, fast and scenic certified courses through Alton Baker Park and along both sides of the Willamette River. The 8K gets its additional distance by adding a loop in the wildlife area of Alton Baker Park

The Kids Half Mile Run is a non-competitive run for kids 12 and younger.

### Open to all ages

The runs and walk are open to all ages and abilities, with 5 year age-groups, starting from 15 and running through 80.

## Pre Classic was a Records Fest

by Tom Jordan

The 37th annual Prefontaine Classic was memorable in many ways. First, the weather was nearly perfect, which given the winter and spring we have had, was a minor miracle. Second, the format was unique, with four distance races on Friday night and twenty other events on Saturday (June 3&4). Third, the Saturday edition started at 10 a.m. to accommodate television (the last time the meet will ever start that early!). Finally, from a statistical standpoint, this year's Pre Classic was the greatest invitational track meet ever held in the U.S., and one of the best ever in the world. Consider:

- 2 World Records, in the 25k and 30k, both by Moses Mosop of Kenya.
- A European Record by Mo Farah of Great Britain in the 10k.
- 6 new Meet Records, including the men's 100 and women's 100.
- 12 world-leading marks out of the 24 events held during the two days.

And for you trivia buffs, the meet was a stat-geeks delight:

- Six men broke 10.00 (legal wind) in the same race for only the 3rd time in history, and the first time not in a global championships. The other 2 were in the Tokyo World Championships in 1991 and the Beijing Olympic Games in 2008. Ivory Williams in 8th at 10.02 is the best-ever mark for 8th place in any race. (Courtesy of Kevin Saylor).
- Five athletes broke 3:50 for only the 3rd time ever. Yewen Alamirew's 3:50.43 in 7th is the best ever mark for 7th place. Mohamed Moustou's 3:50.67 in 8th is the best mark ever for 8th. Russell Brown's 3:51.45 in 9th is the best ever mark for 9th (and the first time 9 men have been under 3:52). Nick Willis's 3:51.95 in 10th is

the best ever mark for 10th (and the first time 10 milers have been under 3:52). Hayward Field now can claim the 13 fastest mile races ever run outdoors in America, and 19 of the top 20. (Courtesy of Kevin Saylor).

- Nine men broke 27-minutes in the 10,000, the most ever in one race on American soil.
- Three shot putters threw more than 70-feet a total of 4 times, adding to Hayward Field's lead as the venue with the most 70-plus throws in world history.

Can the Pre Classic be even better next year? Mark your calendar for Saturday, June 2, 2012 to find out!

## Interested?

Continued from Page 1

clothes.

- Stay focused on a particular task as cheers for other events are erupting around you.
- Maintain an unbiased demeanor while making sure all athletes are treated fairly.

The best time to express interest in officiating is as soon as you decide it's what you want to do!

Go to [oregontrackclub.org](http://oregontrackclub.org) and click on Official Info to find job descriptions, expectations, and contact information. Or phone the UO Athletic Department (541 346 4481) and tell someone in the Track and Field Office of your wish to volunteer.

Once you have indicated an interest, you will be informed of an organizational meeting held every February for officials and you will be contacted by an OTC member of the New Officials Committee.

## Salute

Continued from Page 1

with few problems is a testament to the organizational team consisting of UO personnel and OTC members. Notably Michael Reilly, the former UO Assistant Athletic Director, and OTC members Mike Olsen, Dennis Olafson, Sandy Pashkin, and Jim Eckman working tirelessly to make sure meets are run with flawless precision.

Oregon officials don't limit their volunteer work to Hayward Field. Many of these selfless individuals officiate meets at other venues in the community. The Eugene Middle School District meet, All Comers' meets during the summer, numerous local high school dual and league meets, and LCC meets are officiated by these same volunteers.

Why do people generously give so many hours of their free time? All you need do is try it yourself to understand. It's a feeling of pride at doing an important service for our university, our community, and the legacy of Track Town USA. It's the awareness that large track meets wouldn't be done fairly and efficiently without a committed, loyal, knowledgeable group of volunteers. And it's the smiles and thank yous received from five-year-old sprinters to ninety-year-old pole vaulters who strive to do their best on the field of play and need competent officiating.



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## Thanks for a Successful Butte to Butte

The 2011 Aquafina Butte To Butte marked the 38th annual 4th of July race, which benefited the Oregon Track Club. This fundraiser supports OTC youth programs, the maintenance of Pre's Trail and other community events. While the participants of the 10K edition traversed the steep Donald Street incline that makes this race unique and challenging, walkers in the 4.5 Mile Mayor's Fitness Walk enjoyed a flat course through the streets of Eugene. The traditional finish in Skinner Butte Park greeted finishers from ages 1 to 86, with a festive celebration to kick off Independence Day.

A special thanks to the great sponsors that made this year's event a huge success, including: Pepsi, Aquafina, EWEB, KMTR, KOOL 99.1 FM, Hilton Eugene, The Ink Well, Harris Design & Print, the Long Run Picture Company, Rhythm & Blooms, Runner Space and Mucho Gusto.

On the course, volunteers and spectators

cheered for participants, some of whom were dressed in tutus, super hero costumes, patriotic red, white and blue running garments, and of course, Lady Liberty carrying the torch of freedom. A total of 4400 runners and walkers from 39 states and 3 Canadian provinces participated, though the event remained largely a community affair, with more than 90% of all participants from the Eugene/Springfield area.

There were new overall champions this year, with Ian Dobson claiming the men's crown in a time of 30:16 (4:53 per mile pace), while Tanya Zeferjahn won the women's division in 35:44 (5:45 pace). Three age group records went down in convincing fashion: Stephanie Snyder established a new women's 40-44 standard at 40:09, Lynn Swanson crushed the old women's 55-59 mark by 1:18 in 45:39, and Larry Williams bettered the men's 75-79 record by 4:03, with his 48:35 effort!

## President

Continued from Page 3

**ship** is chaired by Phil Sutton.

**OTC Masters** is an embedded club with its own governing board, presided over by Shivaun Black. This active group offers masters level events including the Hayward Classic and Fall Celebration Run, along with socials that include speakers and topics geared toward masters runners and weekly informal runs that meet at and run the Amazon Trail.

Every OTC membership and t-shirt sold helps provide funds to support these worthy community programs that help reinforce a healthy and active lifestyle across all ages.