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Member Party Set for April 5

The Oregon Track Club (OTC) will host its popular members-only appreciation event at the Pepsi Arizona-Oregon Dual Meet on Saturday, April 5 at Hayward Field.

The event will coincide with the first running event of the meet (check GoDucks.com as the date nears for the meet event schedule). The appreciation party will be located on top of the Weights and Measures Building, southeast corner of Hayward Field.

Join with other members of the OTC for light refreshments while watching the Oregon Ducks (men and women) compete against the University of Arizona Wildcats. This meet is expected to be the premier national dual meet this season.

There is no charge to attend the party, but you will need to purchase a ticket to the meet unless you are a season ticket holder. Tickets are available on GoDucks.com.

This event gives the OTC leadership an opportunity to say "thank you" to our Club members.

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Women Five-Peat , Men Pull Surprise Win Ducks Sweep NCAA Indoor Titles



Duck women and Coach Robert Johnson make it five consecutive titles. See Vin Lananna's comments below about the exciting finish that won women's title.

UO men were jumping after winning the team title. See Vin Lananna's comments on the men's title below.

Vin's Track Town: Inspired Performances Spotlight T&F Community

by Vin Lananna

By the time you read this, the 2014 outdoor track and field season will be well under way.

However, given all that transpired during the indoor track and field season, especially in the month of March, I would be remiss if I didn't take the time to reflect on some truly outstanding achievements by the University of Oregon and Oregon Track Club Elite.

In a span of nine days, their inspiring performances shined a well-deserved spotlight on this community from both a U.S. and world perspective.

It began more than 5,000 miles away in Sopot, Poland, the site of the 2014 IAAF World Indoor Championships.

It was a noteworthy trip for two of OTC Elite's finest athletes – Ashton Eaton and Brianna Theisen-Eaton – who were accompanied by their mentor,

continued on page 7



Vin Lananna is the Associate Athletic Director at the University of Oregon and President of TrackTown USA.

Business Members

AHM Brands
 Brown Contracting, Inc.
 Byrke Beller MD, - Pacific Women's Ctr
 C(IQ) Strategies
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Business Member Snapshots

Brown Contracting

Brown Contracting, Inc. is an expert at anything concrete.

In addition to new concrete applications, Brown also restores and repairs existing concrete. The company offers concrete polishing services for new and existing projects.

The company is a factory-certified installer/applicator for L&M Seal Hard, FGS Per-mashine and Vivid concrete dyes.

In 2005, Brown Contracting provided major services in renovating the Powell Plaza at Hayward Field. The firm was also a contractor on the Matthew Knight Arena project.

For more information, visit browncontracting.net or call 541-338-9345.

Eugene Marathon

The 2014 edition of this popular marathon is scheduled for Sunday, July 27.

The marathon will coincide with the end of the IAAF World Junior Track and Field Championships, which will be held July 22-27 at Hayward Field.

This will be a weekend celebration of running in TrackTown USA. The whole idea tying the two events is to create an overlap between track and field and road racing.

In addition to the marathon, the event will offer a half marathon on Sunday plus a 5K run on Saturday, July 26.

For information or to register, visit eugenemarathon.com or email info@eugenemarathon.com.

Hughes Financial Group of Wells Fargo Advisors

The Hughes Financial Group of Wells Fargo Advisors was founded to provide multi-generational wealth management for individuals, families and successive generations.

Using a comprehensive and consistent approach to investment planning, the Hughes Group simplifies investing so clients can live their life.

Geoff Hughes is a long-time OTC member and volunteer. For nearly three decades, Geoff has dedicated his career to delivering the personalized investment planning services his clients deserve.

For more information visit: <https://home.wellsfargoadvisors.com/hughes> or call 541-242-6180.

Editor's note: Hughes Financial Group is a Supporter level OTC business member. Thank you, Hughes Financial Group!

OTC Volunteer Spotlight: Phil Sutton

Editor's note: The OTC is a volunteer-driven organization. Without our member volunteers, the Club's many activities and programs would not be possible. The Club would like to spotlight just one of our members who works behind-the-scenes to support the organization.

When he's not gardening or spreading cheer around his neighborhood, Phil Sutton is helping spread the joy of OTC all over our community.

Phil started volunteering as a track and field official in 2006 and joined OTC two years later. He first joined the Marketing Committee, and a year later joined the Membership Committee.

In 2010, Phil recommended that OTC up our newsletter game. He was anointed as the "Newsletter Shepherd" and has been coordinating the newsletter ever since. In addition to wrangling the writers, wordsmithing the text and writing stories, Phil is a member of the OTC Board, chairs the Membership Committee, is member of the Marketing Committee, plus volunteers as an OTC track and field official (horizontal jumps.) He also spent many hours volunteering during the 2008 and 2012 Olympic Trials.

Thank you Phil for all you have done for the OTC!



Phil Sutton

First Call: Welcome, Spring!

by Erin Regali, OTC President

As we welcome in the spring season we must look back upon the month of March and congratulate the University of Oregon for winning the NCAA Indoor Track and Field Championships for both men and women. The Duck women won their fifth straight national title and the Duck men, ranked sixth, “bucked” the odds and won the national title as well! On behalf of OTC, we congratulate the Ducks and their outstanding performances in Albuquerque.



This indoor season gears us up for an exciting outdoor season ahead at Hayward Field. I encourage you to attend these great competi-

tions and cheer on the Ducks! You can always count on the great Oregon coaching staff preparing Duck athletes to shine and providing us with thrilling, enjoyable performances.

I want to extend my appreciation and thanks to the exemplary officiating crew at the University of Oregon. These committed officials work very hard to provide a great track and field experience for the athlete and the fan. Thank you very much for your time and service to the sport of track and field.

We are very fortunate to be a part of TrackTown USA. We have talented athletes, committed officials and great fans, all of which help make the experience at Hayward Field the best ever. Join us at the track. It is something you do not want to miss. We appreciate your support!

Good Seats Still Available

Buy your Hayward Field tickets and support one of the greatest track and field seasons ever staged by TrackTown.

Track and field tickets make great birthday gifts, retirement gifts, customer appreciation gifts, thank you gifts, wedding gifts, graduation gifts, or simply treat yourself to the TrackTown experience. Here is your ticket buying guide:

Oregon Men and Women Meets

Four UO home meets are scheduled in March, April and May. Ticket information and ticket purchases for UO home meets is available at www.goducks.com or call 1-800 WEBFOOT.

NCAA Championships

The meet is scheduled for June 11-14. Tickets are available now. Ticket purchases and information are available at www.goducks.com or call 1-800 WEBFOOT.

OTC Prefontaine Classic

Meet is scheduled for May 30-31. Ticket purchases and information are available at www.goducks.com or call 1-800 WEBFOOT.

USA Junior Championships

Meet is scheduled for July 5-6. No ticket in-

formation about this event was available before the April *On Track* production deadline.

IAAF World Junior Championships

Meet is scheduled for July 22-27. Tickets are available now. For ticket purchases or information, visit: www.oregon14.com/tickets.

State High School Championships

Meet is scheduled for May 22-24. OSAA tickets are generally available two weeks prior to an event. Tickets can be purchased at the gate or online via the Oregon School Activities Association (OSAA) at osaa.org. OSAA Ticket Office, 503.682.6722 x250, tickets@osaa.org.



Your tickets are waiting to Hayward meets.

Business Members

Hutchinson, Cox, Coons, Orr & Sherlock, P.C.
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Kalen Electric & Machinery, Inc.
Kathleen Dugan LMT
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ROGUE ALES – CHAMPION MEMBER

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Sightline Property Inspections

SLOCUM ORTHOPEDICS, PC – CHAMPION MEMBER

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Sports Conflict Institute

The Carpet Company

Track Town Pizza – Supporter Member

TRACKTOWN ORTHODONTICS – CHAMPION MEMBER

TYREE OIL, INC. – CHAMPION MEMBER

Valley River Inn – Supporter Member

Vox Public Relations Public Affairs

World Wheelchair Sports

EVENTS CALENDAR

(Always confirm event with event host)

April

- 2 OTC Board Meeting-
7:00 am Valley River Inn
- 2 OTC Membership Committee
- 8:15 am Valley River Inn
- 2 OTC Marketing Committee -
8:15 am
Valley River Inn
- 5 Pepsi Arizona Dual-
UO Hayward
- 5 OTC Member Appreciation
Party- Pepsi Meet Hayward
- 5 Willamette U Concordia Dual-
TBA WU Bowles Salem
- 5 Linfield Boyman Memorial-
10:00 am - Maxwell Field
McMinnville
- 6 Bridgeway House Run 5&8K-
9:00 am - Alton Baker Park
- 8 TrackTown Tuesday- 6:00 pm
Downtown Athletic Club
- 10 OTC Run/Walk- 5:00 pm
Alton Baker Park
- 12 Easter Egg Dash -
1K-2:00 & 2:30 pm, 5K 3:00 pm
Alton Baker Park
- 12 Pacific U Luau Meet- 9:00 am
Lincoln Park Stadium Forest
Grove
- 13 Corvallis Half Marathon -
9:30 am -
26th & Washington St
- 14-15 Willamette U NWC Multi
Championships- 9:00 am
WU Bowles Salem
- 17-19 Oregon Relays- UO Hayward
- 19 Girls on the Run 5K- 8:00 am
Maurie Jacobs Park Eugene
- 24 Titan Twilight- LCC Titan
Complex Eugene
- 27 Vineyard Marathon & Grapes of
Half 5K, 13.1M, 26.2M-
7:00 am Marathon & Half. 8:00
am 5K. Various Lane County
locations
- 28-29 NWAACC Multi Event
Championships- LCC Titan
Complex Eugene

New OTC Administrator, Denise Scott

Denise Scott is the new Oregon Track Club Administrator. She started her new position in February, just in time for the new track and field season.

Her duties as administrator include many important tasks but primarily focusing on providing information and services to OTC members, plus supporting the Club's Board of Directors, Executive Committee and the organization's numerous committees.

"Working at Oregon Track Club has given me the opportunity to live my dream," Denise commented. "In 2006 I graduated with a Masters in Business Administration and my MBA project was 'Competitive and Strategic Business Analysis in the Sporting Goods Industry.' What better place to see my project in action than at Oregon Track Club?"

Denise added, "In addition to putting my education to work, it is amazing to be a part of an organization that lives and breathes every aspect of what I hold dear, supporting a community of like-minded individuals focused on quality-of-life based on fitness and running. I am thrilled to be a part of this community."

Last year the OTC Board voted to greatly expand the administrator position from a schedule of 10 hours a week to 30 to better support OTC's growing membership and increasing number of activities and programs.

The OTC is a volunteer organization with the administrator being the only paid employee.

Denise will be staffing the OTC office and answering the Club's phone and email from 10:00 am to 1:00 pm Monday through Friday. The Club's office is located at 2350 Oakmont Way in Eugene. The building is directly behind the Trader Joe's store in the Oakway Shopping Center.

The OTC office has an inventory of OTC branded apparel. Denise can fulfill apparel orders at the office, over the phone or by email.

Denise was the Director of Administrative Services at a Northern California nonprofit blood bank before taking the OTC job.

Denise and her husband, Howard, are new to



Denise Scott

Eugene having moved to Oregon late last year from California. She and Howard had visited the Eugene/Springfield area for several years and fell in love with the community's athletic and cultural events.

Denise ran the half marathon course in the 2012 Eugene Marathon and later that year finished the Eugene Women's Half Marathon race. She finished the year by running the Portland Marathon. She has joined a local running group since moving to Eugene.

Denise and her husband became track and field fans while watching the Hayward Field 2008 Olympic Trials on television. They were so excited about the event, they jumped in their car and drove from California to Eugene with no hotel reservation or tickets to the Trials.

Once in Eugene, Denise and Howard walked into a hotel located near the University of Oregon campus and discovered a last minute room cancellation. Next they were able to purchase tickets to the Olympic Trials in a prime seating area. They were hooked on the Hayward Field magic!

Welcome to TrackTown and the OTC, Denise!

Run/Walk Series Has a Great Start

The first OTC Run/Walk event of 2014 was a success with a record 122 participants enjoying a beautiful night in Alton Baker Park.

Run/Walk Series Director Todd Bosworth reported the participants included dogs, a baby jogger, a juggler (combo juggling and jogging) and a barefoot runner. Seven people in the group decided to join the Oregon Track Club. Welcome to the Club!

Gannon Jones led the way in 18:05 over the 5K course and the first woman was Jessica Durfee with a time of 19:47.

Thank you to the volunteers who helped stage the run and Eclectic Edge Racing, Bigfoot Beverages and Track Town Pizza.

The next OTC Run/Walk is scheduled for April 10, at Alton Baker Park. The event offers two choices; a 5K or 10K course on the park bike paths. Registration is from 5:00 to 5:45 pm with a 6:00 pm start time.



Oregon Track Club Masters

APRIL 2014

Masters Events at Oregon Twilight

Another chance to participate in a Masters-only race during a UO track meet is coming up!

At the Oregon Twilight meet on Friday evening, May 9, OTCM will put on Masters 3,000 meter and 400 meter races.

This is an exciting chance to run at Hayward Field in front of a very encouraging crowd, and Masters in all age groups from 40 up are encouraged to compete.

The start time for these races is expected to be between 4:30 and 5:00

in the early portion of the meet, but the exact time will depend on the final meet schedule. The deadline for entries is one week before the event, but entries may be limited, so please respond quickly. You can sign up for the races and get additional information at otc-masters.org.

The results of the 100 meter and mile races held at the Pepsi Oregon/Arizona dual meet on April 5 will be reported in next month's newsletter.

Like Us on Facebook

Did you know that OTCM has its own Facebook page?

Like us on Facebook at Oregon Track Club Masters and get all the latest news and event information.

Hayward Classic Entry Form

The Hayward Classic entry form is available on the next page of this newsletter.

Enter the Hayward Classic soon. An event like the Hayward Classic has a firm cut-off for registration unlike typical road races.

April Birthdays

1	Victor Mann	65-69	12	Bob Livak	65-69	23	Michael T. Smith	65-69
2	Wayne Sabin	80-84	12	Marvin Menge	50-54	24	Michael W. Bober	65-69
2	Dennis Staples	70-74	12	Natalie Hanson	35-39	24	Ron Swick	65-69
2	John Tasker	60-64	13	Maralee Gray	60-64	24	Tammy Trapp	45-49
4	Kevin Marbury	55-59	13	Megan Banks	45-49	26	Nick Campbell	45-49
4	Kathi Bean	50-54	14	Rebel Marsh	55-59	26	Stephan Willow	45-49
5	David Spray	30-34	15	Mike Riplinger	50-54	27	Craig McMicken	85-89
6	Dan Guzman	40-44	16	Brent Cottong	55-59	27	Bill McChesney	85-89
6	Leland Maestas	35-39	16	Cam Langworthy	35-39	27	John King	75-79
7	Hal Huestis	60-64	17	Stuart Roach	65-69	27	Rob Harvey	60-64
8	Kay Froemming	65-69	18	Morgan Brown	55-59	28	Rich Hickman	65-69
8	Bill Kelly	60-64	18	Craig Godwin	45-49	28	Pam Duncan	50-54
9	Sarah Cochran	35-39	21	Lawrence Newby	65-69	28	Nancy Garboden	45-49
10	Ron Sherriffs	80-84	21	Bill Manning	50-54	29	Jennifer Thompson	45-49
11	Sofia McManus	65-69	22	Judy Harold	70-74	29	Megan Collins	30-34
12	Dick Lamster	65-69	22	Thomas Huntsberger	65-69	29	Erica Hermansen	25-29
12	Michael Cahn	65-69	22	James Murez	45-49	30	Jasen Hansen	35-39
12	Marilyn Nippold	65-69	22	George Hanson	35-39			



32nd HAYWARD CLASSIC

Sunday, June 29, 2014

Hayward Field, Eugene OR



Presented by OREGON TRACK CLUB MASTERS

ENTRY FEES: \$25.00 for first event, \$10.00 for each additional event. Early entries must be received by June 18th. Late entries must be received by June 24th and include the \$30.00 late fee. **ALL ENTRIES RECEIVED AFTER JUNE 24th WILL BE RETURNED UNOPENED.** Open to all athletes 30 and over

Facility: All-weather track and runways (spikes ¼" Max) **Implements:** OTCM will provide some throwing implements.

Packet Pickup: Phoenix Inn 5:00 – 6:30 pm, Saturday June 28 or Hayward Field on Sunday, June 29

Meet Headquarters: Phoenix Inn, 850 Franklin Blvd, Eugene, OR 97403. Call 1-800-344-0131 for reservations. Special Hayward Classic rate if reserved by May 28th. www.phoenixinnsuites.com/hotels/eugene/

Hospitality: Sponsored by OTCM, during the meet.

Awards: Medals awarded for 1st, 2nd, 3rd **Sanctioned** by USATF.

Relays (4 x100, 4x400): Enter on site.

Contacts: website: www.haywardclassic.org email: brem@uoregon.edu

Last Name _____ First Name _____

Address _____ City _____ ST _____ Zip _____

Tel (H) _____ (cell) _____ Email _____

Sex: Male ____ Female ____ Age as of June 29 _____ Birth date (month/day/year) ____ / ____ / ____

EVENTS Circle the event(s) that you are entering. (Final Schedule will be posted: haywardclassic.org after entries close)

100 200 400 800 1500 3000m run 5000m run age graded mile

short hurdles long jump triple jump high jump pole vault

shot put discus hammer javelin 1 mile race walk 3000 race walk

Yes, I will need ADA accommodation. Documentation must be submitted to USATF by May 15, 2014.

USATF Club _____ USATF Membership number _____
(available at www.usatf.org)

ENTRY FEES – Received by June 17th **1ST Event** **\$25.00 =** _____

Meet T-Shirt (\$15.00) each **Number of additional Events** ____ X **\$10.00 =** _____

____ S ____ M ____ L ____ XL ____ XXL ____ **Number of T shirts** ____ X **\$15.00 =** _____

(T-shirts are generously sized) **Late Fee (received 6/19 to 6/24)** **\$30.00=** _____

Voluntary contribution to the Officials' Fund = _____

TOTAL = \$ _____

Make check payable to OTCM and mail to: OTCM, c/o Sandy Pashkin, 2888 Elysium Ave, Eugene, OR 97401

Waiver: In exchange for acceptance of this entry, I for myself, executors, administrators and assigns, do hereby release any rights and claims for damages to me or my property I may have against OTCM, USATF, USATF Oregon, University of Oregon, and any and all sponsors and individuals involved with the presentation and conduct of this meet. I give permission to the foregoing to use images of me for publicity or any other purpose. I hereby attest that I have full knowledge of the risk involved in competing in this event and am physically fit and sufficiently trained to participate in this event.

Signature _____ Date _____



UO 2014 Home Meets

Here is the schedule of University of Oregon home meets plus other Hayward Field events. Event start times to be announced.

University of Oregon

(Men's and Women's Teams)

April 5 – Pepsi Arizona Dual

April 17-19 – Oregon Relays

May 9 – Oregon Twilight

June 11-14 – NCAA Outdoor Championships

Other Hayward Field meets:

May 22-24 – State High School Championships

May 30-31 – Prefontaine Classic

June 25-26 – OTC All Comers

June 29 – OTC Hayward Classic

July 1-2 – OTC All Comers

July 5-6 – USA Junior Outdoor Championships

July 9-10 – OTC All Comers

July 22 -27 – World Junior Championships

July 25-26 – OTC All Comers

July 30-31 – OTC All Comers

Volunteers, Runners Needed For 41st Butte to Butte

The 41st annual Oregon Track Club Aquafina Butte To Butte is just three months away. Now is the time to register and volunteer.

The greatest need is for volunteer course marshals on race day. Course marshal duties include standing on a street corner in an orange vest, monitoring participant safety and ensuring that vehicles do not travel on the course. Most course marshal shifts range from 30 minutes to 2 hours on July 4th. Contact Eclectic Edge Racing, the race management company, at Info@EclecticEdgeRacing.com to volunteer.

Exciting news to share – Track Town Pizza is the official finish line food sponsor for the 41st annual OTC Aquafina Butte To Butte. Track Town Pizza is a great supporter of the Oregon Track Club and all things running in Eugene. Race participants and volunteers will enjoy its delicious pizza at the finish line

of Eugene's oldest, continuous road race.

Race registration is open online at Butte-ToButte.org. Entry forms, with payment in the form of cash or check, may be dropped off at the Eugene Running Company, Oakway Center. The 2014 race shirts will be exceptional and racers are encouraged to register early and purchase a shirt in advance. Women, men and youth shirt sizes are available while supplies last. Register early!

Marathon Discount

A reminder that OTC members can save \$10 on Eugene Marathon and Half Marathon registration fee. Register online using code: 10OTC14 for the Marathon/Half Marathon and 50TC14 to receive \$5 off the 5k. Register today at EugeneMarathon.com.

The Oregon Track Club is proud to be one of the sponsors of the Eugene Marathon.

EVENTS CALENDAR

May

- 2 OSU High Performance Meet- Noon Whyte Center Corvallis
- 2-3 Pacific U Pacific Twilight- 4:00 pm & 10:00 am Lincoln Park Stadium Forest Grove
- 3 Cinco de Mayo Five 5M & 5K- 9:00 am Valley River Center Eugene
- 4 Garden Gnome Run 15K, 10K & 5K- 9:00 am 2nd & Western Corvallis
- 6 TrackTown Tuesday- 6:00 pm Downtown Athletic Club
- 7 OTC Board Meeting- 7:00 am Valley River Inn Eugene
- 7 OTC Membership Committee – 8:15 am Valley River Inn
- 7 OTC Marketing Committee – 8:15 am Valley River Inn
- 8 OTC Run/Walk - 5:00 pm Alton Baker Park Eugene
- 9 Oregon Twilight Meet- 4:45 pm UO Hayward
- 10 CASA Champions for Children 6K- 9:00 am Skinner Butte Park Eugene
- 10 Linfield Open- 9:00 am Maxwell Field McMinnville
- 11 Jane Higdon / OHeroes Run-Walk- 5K Eugene
- 11 Hustle for Health - 5M, 5K, & 1M- Albany
- 15 Willamette U West Coast Invitational- TBA WU Bowles Salem
- 17 Run for Their Lives 5K- Corvallis
- 18 Bark in the Park 5K & 2K- 9:00 am Alton Baker Park Eugene
- 22-24 State High School Championships- TBA Hayward
- 24 Ridgeline Ramble 20K & 10K- 8:00 am Ridgeline Trail Eugene
- 30-31 OTC Prefontaine Classic- 6:00 pm Friday,noon Sat Hayward
- 31 Spring into Summer - Springfield

Do you have an event to add to the calendar? Contact Phil Sutton at phils@peak.org with the day, time, and location.

Watch Your Email For Member Survey

Current members of the Oregon Track Club will be receiving an important email request from the Club during the month of April.

The OTC Membership Committee will be conducting a survey of Club members.

The email request you receive will provide instructions on how to participate in the online survey.

You can help make the OTC a better organization by completing the members-only survey and sharing your thoughts and ideas with the OTC Board of Directors and the Membership Committee.

Completing the survey means you will be entered in a drawing which includes two \$25 gift certificates from the Duck Store, two \$50 Duck Store gift certificates, two OTC branded t-shirts and three OTC ball caps.

Please watch your email inbox for your survey invitation. If you don't receive the survey email by April 11, please contact the OTC office at info@oregontrackclub.org.



All Comers Meet

An Oregon Track Club Event

All-Comers' Meet Schedule

All times are PM.

Wednesdays, June 25, July 2, 9 and 30 (ages 1-12).

5:30	Long Jump High Jump (ages 10-12) Shot Put (ages 10-12) Discus (10-12) follows shot put
5:30-6:30	Softball Throw (ages 6 & under) Turbo (nerf-like) javelin (ages 7-12)
6:00	60 meters (ages 1-6)
6:15	80 meter low hurdles (ages 9-12)
6:30	100 meters (ages 7-12)
7:10	400 meters (ages 7-12)
7:30	200 meters (ages 4-12)
8:00	Distance races (ages 7-12): June 25 – 800 meters July 2 – 1500 meters July 9 – Mile

Saturday, July 26 – Special Edition meet during World Junior Championships. Details to be announced.

July 30	800 meters
July 30 only	400M RELAYS (4 x 100 meters; any age gender combo for teams)

Thursdays, June 26, July 1, 10 and 31 – Note July 1 is a Tuesday. (ages 13 and older).

4:30	Javelin (June 26 and July 10 only)
5:00	Pole Vault High Jump
5:30	Long Jump Triple Jump follows Long Jump Shot Put Discus follows shot put Hammer (July 1 & July 31 only)
6:00	Women's 100m Hurdles
6:10	Men's 110m Hurdles
6:20	Joggers' Mile
6:35	100 meters



Photo courtesy of Todd Bosworth

6:50	400 meters
7:05	1500 meters
7:20	200 meters
7:35	800 meters
7:50	Distance races: June 26 – 3000m or 5000m (combined) July 1 – Steeplechase: 3000m (36" barriers) and 2000m (30" barriers) July 10 – 3000m or 5000m (combined) July 31 – Two Mile July 31 only – 4 x 100m relay and 4 x 400m relay (any age and gender combo)

All events at Hayward Field, Eugene. Heats formed by age and gender. Ribbons for 1st-5th place. Participation ribbons for others.

NOTE: Waiver must be signed to participate. Waivers available at the meets or the OTC web-site.

Vin's Track Town continued from page 1

Harry Marra, without a doubt the best multi-event coach in the world.

Remarkably, before, during and after the three-day event, those two citizens of TrackTown USA were the talk of the meet, as they competed in close proximity on a global stage for the first time in their storied careers.

As you know, they proudly returned home with gold and silver medals.

Ashton easily won gold in the heptathlon with the second-best score in history (6,632 points); only 13 points shy of his own world record of 6,645 points.

Brianne showed off her toughness by overcoming some early setbacks to set a personal best of 4,768 points in the pentathlon, which earned her a silver medal and a Canadian record.

Harry summed it up best: "Hooray for Ash and Bri!"

As it turned out, those performances served as a perfect opening act for the NCAA Indoor Track & Field Championships, one week later, in Albuquerque, N.M.

It was a truly historic meet for the Ducks, and without question, one of the most thrilling finishes to any sporting event I've ever witnessed.

Against the forecasts of most pundits, the Oregon men rode the devastating kick of freshman Edward Cheserek – who won individual titles in the 5,000m and 3,000m – to claim the NCAA championship by an eight-point margin over Arkansas, 62-54. It was the Duck men's second NCAA indoor title, the previous in 2009.

Of the 12 UO men who competed, each scored, and they left Albuquerque with a combined total of 16 first-team all-American awards.

On the women's side, it was a completely different story with the top four teams separated by a mere 3 ½ points.

After a slow start, the Ducks' four-year NCAA indoor win streak appeared to be in jeopardy, but with battle-tested stars like UO seniors Laura Roesler and Phyllis Francis, the

team never lost faith in its ability to rise to the occasion.

Roesler was the first to step up.

She crushed the 800m field by nearly two seconds to claim her first NCAA individual title. Francis followed with a stunning performance in the 400, setting a meet, collegiate and U.S. indoor record of 50.46 seconds.

Those two triumphs set up a dramatic winner-take-all finale between Oregon, Texas and Florida in the 4x400 relay.

Once again, it was Francis providing the finishing touch with a perfectly timed lean at the tape that edged Texas – 3:27.40 to 3:27.42 – and clinched a fifth straight NCAA Indoor Championship for the UO women, matching LSU (1993-97) for the longest women's NCAA title streak indoors.

The Ducks' individual splits in the record-setting 4x400 relay were as follows: senior Chizoba Okodogbe, 53.11; Roesler, 51.24; freshman Christian Brennan, 52.39; Francis, 50.64.

Final team standings – Oregon 44, Texas 43.5, Georgia 40.5, Florida 40.5.

The Duck women walked away with 14 first-team all-American awards.

On both sides, the UO student-athletes were tough, poised and competed like champions. They were extremely well-prepared by the coaching staff, medical team and all of the other support staff at the University of Oregon.

It was the ultimate team effort.

Just imagine how loud Hayward Field would be if a national title was at stake and that 4x400 relay finish was duplicated at the NCAA Outdoor Track & Field Championships this June?

It could happen.

Both UO teams are poised to be in contention for championship trophies this year, and you'd be crazy not to have a seat for the NCAA meet, June 11-14.

Those tickets, plus those for the IAAF World Junior Championships, July 22-27, are available online at goducks.com/tracktickets and Oregon14.com.

Volunteers Key To Positive Experience

Some 1,600 track and field athletes from around the world will arrive in TrackTown USA for the IAAF World Junior Championships. For many, it will be their first trip to the United States.

You can help ensure that their experiences, and those of the visiting coaches, team officials and spectators, will be a positive ones by volunteering as a member of the most visible team at the meet, the volunteer workforce.

If you've been a Hayward Field volunteer in the past, or are thinking about becoming one for the first time, sign up now for the six-day IAAF World Junior Championships, July 22-27, at historic Hayward Field.

"Our volunteer workforce is the largest and most recognizable team at our championship events," said TrackTown USA President Vin Lananna. "Every year, our volunteers have left a lasting impression on athletes, officials and spectators alike. It's a great way to take part in the historic tradition of TrackTown USA."

This is the first time that the IAAF World Junior Championships have been held on U.S. soil.

The goal is to sign up 900 volunteers in a variety of capacities: athlete hospitality, event operations, accreditation, bicycle valet, and more.

To get involved, go to gotrack-townusa.com/volunteers.



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International Pre Classic Turns 40 This Year

The Oregon Track Club Prefontaine Classic, the longest-running international invitational meet in the United States, turns 40 this year.

The meet is part of the elite International Association of Athletics Federations (IAAF) Diamond League series for a fifth consecutive year. The meet format will again feature events on Friday evening, May 30, and Saturday afternoon, May 31, all at historic Hayward Field.

Friday's "Distance Night in Eugene" will showcase perhaps the strongest men's 10,000 meter field anywhere in the world. The race times are likely to be fast and deep considering there are no Olympic or World Championship meets for which the athletes have to prepare.

Complementing the 10K, three Diamond League events will be staged: the women's long jump and discus throw, and the men's shot put, always a crowd favorite. And best of all, admission on Friday evening is once again free thanks to the support of longtime title sponsor, Nike.

Saturday's main menu features 13 IAAF Diamond League events, including the men's 100, 800, 5000 meters, high hurdles, pole vault, triple jump and javelin throw. The men's 400 meters and legendary

Bowerman Mile will be contested as well. The women's Diamond League events are the 200, 400, 1500 meters, steeplechase, 400 meter hurdles, and high jump. An Olympic-level 3K or two-mile race will also be run as an additional event.

The field in the men's shot put has already been announced (see www.preclassic.com for the roster). The remaining event fields will be announced later.



Prefontaine Classic

An Oregon Track Club Event

Tickets for the 40th annual edition of the Prefontaine Classic are available from goducks.com and from 1-800-WEBFOOT.

Last year's sold-out edition of the Prefontaine Classic totaled the highest performance score in the world for the past decade as calculated by All-Athletics.com, the official data partner of the IAAF Diamond League.

Sponsored by Nike continuously since 1984, the Prefontaine Classic will be shown live to an international television audience and by NBC Sports from 1:30 until 3:00 pm PT on Saturday, May 31.

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